



Ride list

Exported on: 13/05/2025 **Exported type:** All future and past rides

St Albans - Inters

The following applies to each ride unless otherwise stated within the individual ride information:

Meet time: 10:00 am **Depart time:** 10:30 am **Contact name:** Maryanne Harrison

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|---|-----------|----------------|--|-----------------|------------------|---|---|----------------|------------|
| Tue 30/03/2021 | Inters | Harpenden - Rothamsted Research or Cafe Nero depending on group | 10:00 | 10:30 | Kensworth or Dunstable Downs decide on day | Tbd on the day. | Gary Johnson | Sub leaders are: Jane Sherry and Steve Rogers | We are continuing to cycle in groups of 6 or fewer. We meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. Please adhere to all social distancing rules and take necessary Covid-19 precautions. | | |
| Tue 06/04/2021 | Inters | St Albans | 10:00 | 10:30 | Mangrove Green | | Steve Rogers | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|-------------------|--------|-----------|-----------|----------------|---------------------------------------|-----|------------------|-------------------|--|----------------|------------|
| Tue 13/04/2021 | Inters | Hatfield | 10:00 | 10:30 | Ware | | Martin Philips | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |
| Tue 20/04/2021 | Inters | St Albans | 10:00 | 10:30 | Bovingdon | | Judith Hill | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |
| Tue 27/04/2021 | Inters | Harpenden | 10:00 | 10:30 | Preston | | Jane Sherry | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |
| Sun 02/05/2021 | Inters | Harpenden | 10:00 | 10:30 | Titmore Green, Hermits of Redcoats | TBD | | | | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|-------------------|--------|---------------|-----------|----------------|------------------------|-----|------------------|-------------------|--|----------------|------------|
| Tue 04/05/2021 | Inters | St Albans | 10:00 | 10:30 | Potten End | | Jane Sherry | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |
| Sun 09/05/2021 | Inters | Mallorca week | 10:00 | 10:30 | No official Inter ride | TBD | | | Mallorca Week | | |
| Tue 11/05/2021 | Inters | Hatfield | 10:00 | 10:30 | Brickendon | | Peter Ridehalgh | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |
| Tue 18/05/2021 | Inters | St Albans | 10:00 | 10:30 | Aldbury | | Martin Phillips | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|--|-----------|----------------|--|------------------|------------------|-------------------|--|----------------|------------|
| Tue 25/05/2021 | Inters | Harpenden | 10:00 | 10:30 | Streatley | | Chris Horn | | While the 'rule of 6' applies we will meet at more than one start point and lunch at more than one venue, so please monitor website/e mails/Inters WhatsApp for updates. | | |
| Tue 01/06/2021 | Inters | Hatfield | 10:00 | 10:30 | Ayot St Lawrence, Brocket Arms or picnic close by. | | Deb Kirby | | | | |
| Tue 08/06/2021 | Inters | St Albans - Market Square nr Clock Tower | 10:00 | 10:30 | Chipperfield | | Steve Rogers | | | | |
| Tue 15/06/2021 | Inters | Hatfield | 10:00 | 10:30 | Bennington and Chapmore End picnic. | | Chris Horn | | Suffolk cycling week for 9 Inters. | | |
| Tue 22/06/2021 | Inters | Harpenden | 10:00 | 10:30 | Gt Wymondley | | Gary Johnson | | | | |
| Tue 29/06/2021 | Inters | St Albans | 10:00 | 10:30 | Great Offley | | Steve Rickard | | | | |
| Tue 06/07/2021 | Inters | Potten Beds Car Assist | 10:00 | 10:30 | Great Barford | | Jane Sherry | | | | |
| Tue 13/07/2021 | Inters | St Albans | 10:00 | 10:30 | Thundridge, Ermine Cafe or nearby church yard. | | Deb Kirby | | | | |
| Tue 20/07/2021 | Inters | Harpenden | 10:00 | 10:30 | Ashridge, Bridgewater Arms or Studham | | Carol Brazier | | | | |
| Tue 27/07/2021 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Potters Bar, Admiral Byng or picnic close by | TBD | Trevor Arnold | | | | |
| Tue 03/08/2021 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Cholesbury - Half Moon Pub or picnic on green opposite. | Fishermans Wharf | Martin Phillips | | | | |
| Tue 10/08/2021 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | River Palace Cafe (back up Fish & Eels) or picnic by river | | Tony O'Byrne | Jane and Gary | | | |
| Tue 17/08/2021 | Inters | Harpenden | 10:00 | 10:30 | Streatley - The Chequers or nearby church yard | | Peter Ridehalgh | | | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|---|-----------|----------------|--|-------------------------------|------------------|-------------------|--|----------------|------------|
| Tue 24/08/2021 | Inters | St Albans | 10:00 | 10:30 | The View Panshanger Golf Club or picnic at St Peters Church. | | Mark Harrison | | | | |
| Tue 31/08/2021 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Gosmore, Bird in Hand or picnic close by | Wheathamstead | Judith Hill | | | | |
| Tue 07/09/2021 | Inters | St Albans, Clock Tower | 10:00 | | Chorleywood, Black Horse pub or adjacent Chorleywood Common for a picnic | | Dave Andrews | | | | |
| Tue 14/09/2021 | Inters | Wheathamsted - Brewhouse Cafe, Brewhouse Hill | 10:00 | 10:30 | Mangrove Green, King William | | Jane Sherry | | | | |
| Tue 21/09/2021 | Inters | Hatfield | 10:00 | 10:30 | Bragbury End, Chequers | | Deb Kirby | | | | |
| Tue 28/09/2021 | Inters | Rothamsted | 10:00 | 10:30 | Lilley, Lilley Arms or picnic close by | tbd | Martin Phillips | | | | |
| Tue 05/10/2021 | Inters | St Albans | 10:00 | 10:30 | Aldenham, Round Bush | | Mark Harrison | | | | |
| Tue 12/10/2021 | Inters | Wheathamsted | 10:00 | 10:30 | Preston, Red Lion | | Trevor Arnold | | | | |
| Tue 19/10/2021 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Hertford Heath, The Goat | | Peter Ridehalgh | | | | |
| Tue 26/10/2021 | Inters | Harpenden, Rothamsted Labs | 10:00 | 10:30 | Great Offley, Red Lion or picnic close by | | Gary Johnson | | | | |
| Tue 02/11/2021 | Inters | St Albans - near Clock Tower | 10:00 | 10:30 | Chipperfield, Two Brewers | | Steve Rogers | | | | |
| Tue 09/11/2021 | Inters | Wheathamsted | 10:00 | 10:30 | Hertford Heath tbc | | Roger Blassberg | | | | |
| Tue 16/11/2021 | Inters | Hatfield | 10:00 | 10:30 | Potters Bar, Oakmere Park | | Dan Dorrian | | | | |
| Tue 23/11/2021 | Inters | St Albans - Clock Tower | 10:00 | 10:30 | Sarratt, The Cock, Church Rd. | St Albans Cathedral tea rooms | Jane SHERRY | Steve Rogers | | | |
| Tue 30/11/2021 | Inters | Harpenden - Rothamsted Labs. | 10:00 | 10:30 | Codicote, The Goat, The High Street | | Tony Stennett | | | | |
| Tue 07/12/2021 | Inters | St Albans - The Clock Tower | 10:00 | 10:30 | Bell Bar, Cock O' The North | | Jane Sherry | | Change from Welham Green Sibthorpe Arms as pub unable to accommodate us so close to Christmas. | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|---|-----------|----------------|---|----------------|------------------|-------------------|--|---|------------|
| Tue 14/12/2021 | Inters | | | | Christmas Lunch Aldwickbury Golf Club - ticket event | | | | There is no formal Inter ride today though some Inter riders may choose to cycle to the golf club. | | |
| Tue 21/12/2021 | Inters | Hatfield | | | Studham, The Red Lion | | | | | | |
| Tue 28/12/2021 | Inters | St Albans | | | South Mimms, Black Horse | | Jane Sherry | | Their web site shows them closed on a Tuesday but this is not the case and I've booked for 10; they've asked me to confirm exact numbers if possible the evening before. | | |
| Tue 04/01/2022 | Inters | St Albans | 10:00 | 10:30 | Redbourn, Hollybush | TBD | Derek Lambert | | | | |
| Tue 11/01/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | London Colney, Colney Fox | TBD on the day | Mark Harrison | | | | |
| Tue 18/01/2022 | Inters | Harpenden - Cafe at Rothamsted Labs | 10:00 | 10:30 | Lemsford, Long Arm, Short Arm | | Gary Johnson | | | | |
| Tue 25/01/2022 | Inters | Wheathamsted - The Brewhouse Cafe, Brewhouse Hill | 10:00 | 10:30 | WGC, Attimore Arms | | Deb Kirby | | | | |
| Tue 01/02/2022 | Inters | St Albans - Verdi's Cafe, 1a Clarence Street | 10:00 | 10:30 | Kimpton, The Boot | | Judith Hill | | | Note change of start venue for this ride - Verdi's Cafe, at the junction of Hatfield Rd and Clarence Road, St Albans. | |
| Tue 08/02/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Bell Bar, Cock of the North | | Steve Rogers | | | | |
| Tue 15/02/2022 | Inters | Wheathamsted - Brewhouse Cafe, Brewhouse Hill | 10:00 | 10:30 | Gustard Wood, Crosskeys | | Peter Ridehalgh | | | | |
| Tue 22/02/2022 | Inters | St Albans - The Clock Tower, Market Square | 10:00 | 10:30 | Chipperfield, Two Brewers | | Chris Horn | | | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|--|-----------|----------------|--|-------------------------|------------------|-------------------|---|----------------|------------|
| Tue 01/03/2022 | Inters | Harpenden - Cafe at Rothamsted Labs | 10:00 | 10:30 | Peters Green, The Bright Star | | Trevor Arnold | | | | |
| Tue 08/03/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Epping Green, Beehive | | Dan Dorrian | | | | |
| Tue 15/03/2022 | Inters | Wheathamsted, Brewhouse Cafe, Brewhouse Hill | 10:00 | 10:30 | TBD: Breachwood Green, Red Lion not doing lunches on Tuesday | | Tony O'Byrne | | | | |
| Tue 22/03/2022 | Inters | St Albans, The Clock Tower, Market Place | 10:00 | 10:30 | Commonwood, Cart & Horses | | Dave Andrews | | | | |
| Mon 28/03/2022 | Inters | Hatfield | 10:00 | 10:30 | Potters Bar, Oakmere Park | | | | | | |
| Tue 29/03/2022 | Inters | Harpenden - Cafe at Rothamsted Labs | 10:00 | 10:30 | Panshangar, The View | | Steve Rickard | | | | |
| Tue 05/04/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Watton-at-Stone - The George and Dragon | TBD | Dan Dorrian | | | | |
| Tue 12/04/2022 | Inters | Wheathamsted | 10:00 | 10:30 | Marquis of Granby - North Stevenage | | Martin Phillips | | | | |
| Tue 19/04/2022 | Inters | St Albans | 10:00 | 10:30 | Mangrove Green | | Chris Horn | | | | |
| Mon 25/04/2022 | Inters | St Albans | 10:00 | 10:30 | Tottenham, The Old Farm Inn | | | | | | |
| Tue 26/04/2022 | Inters | MALLORCA WEEK | 10:00 | 10:30 | MALLORCA WEEK | | | | No UK based Inters ride this week. | | |
| Tue 03/05/2022 | Inters | Hatfield | 10:00 | 10:30 | Ware | | Deb Kirby | | | | |
| Tue 10/05/2022 | Inters | Bosworth Garden Centre, Elton, PE8 6SH | 10:00 | 10:30 | Black Horse Pub Elton or garden centre or picnic | Bosworth Garden Centre. | Gareth Bonner | | Car Assist ride from the beautiful village of Elton. Meet up and departure times to be confirmed. | | |
| Tue 17/05/2022 | Inters | St Albans | 10:00 | 10:30 | Great Offley - Red Lion Pub | | Derek Lambert | | | | |
| Tue 24/05/2022 | Inters | Harpenden - Rothamsted Labs Cafe | 10:00 | 10:30 | Chipperfield - Two Brewers | | Gary Johnson | | | | |
| Tue 31/05/2022 | Inters | St Albans | 10:00 | 10:30 | Chorley wood | | Judith Hill | | | | |

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| Tue 07/06/2022 | Inters | Hatfield | 10:00 | 10:30 | Gravelly - Waggon & Horses | | Deb Kirby | | | | |
| Tue 14/06/2022 | Inters | Wheathamstead | 10:00 | 10:30 | Round Bush near Aldenham | TBD | Steve Rogers | | | | |
| Tue 21/06/2022 | Inters | St Albans | 10:00 | 10:30 | Lilley | | Peter Ridehalgh | | | | |
| Mon 27/06/2022 | Inters | St Albans | 10:00 | 10:30 | Leyhill, Chesham The Crown | TBD | | | | | |
| Tue 28/06/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Potters Bar - Oakmere Pub | | Mark Harrison | | | | |
| Mon 04/07/2022 | Inters | Louth, Lincs. | 10:00 | 10:30 | Lincolnshire | | | | | Away Trip to Lincolnshire | |
| Tue 05/07/2022 | Inters | Harpenden - Rothamsted Research Cafe | 10:00 | 10:30 | Tonwell, Little John & Robin Hood | TBA | Chris Horn | | | | |
| Tue 12/07/2022 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Leyhill, The Crown | TBA | TBA | | | | |
| Tue 19/07/2022 | Inters | Potten, Beds | 10:00 | 10:30 | Cardington Car Assist | TBA | Jane Sherry | | | CANCELLED due to extreme heat f/cast | |
| Tue 26/07/2022 | Inters | Harpenden - Bennet's Club Cafe - 21 Leyton Rd | 10:00 | 10:30 | Tottenham, Old Farm Inn | TBA | Gary Johnson | | | | |
| Tue 02/08/2022 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Cholesbury, The Full Moon | Fishery Café HH | Steve Rogers | | | | |
| Tue 09/08/2022 | Inters | Wheathamstead - Brewhouse Cafe | 10:00 | 10:30 | Hertford Heath, The Goat | TBA | Dan Dorrian | | | | |
| Tue 16/08/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Enfield, Myddleton House | TBA | Mark Harrison | | | | |
| Tue 23/08/2022 | Inters | Harpenden - Rothamsted Research Cafe | 10:00 | 10:30 | Mangrove Green, King William | TBA | Tony Stennett | | | | |
| Tue 30/08/2022 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Aldbury, The Greyhound | TBA | Dave Andrews | | | | |
| Tue 06/09/2022 | Inters | Forest Centre, Marston Vale - Beds. | 10:00 | 10:30 | | TBA | Martin Phillips | | | Founders Day. All Section groups. | |
| Tue 13/09/2022 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Epping Green, Beehive | TBA | Trevor Arnold | | | | |
| Tue 20/09/2022 | Inters | Harpenden - Rothamsted Research Cafe | 10:00 | 10:30 | Great Offley, Green Man | TBA | Tony O'Byrne | | | | |

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| Tue 27/09/2022 | Inters | Cafe, Rhubarb and Mustard, 31 High St, Ashwell, Baldock SG7 5NP | 10:00 | 10:30 | Near Cambridge -tbc | TBA | Martin Phillips | | | This Car Assist ride to Cambridge is a change to the original Q3 2022 schedule. | |
| Tue 04/10/2022 | Inters | Wheathamstead | 10:00 | 10:30 | Bragbury End, The Chequers | | Deb Kirby | | | | |
| Tue 11/10/2022 | Inters | St Albans | 10:00 | 10:30 | Caddington Golf Club | | Mark Harrison | | | | |
| Tue 18/10/2022 | Inters | Hatfield | 10:00 | 10:30 | Potters Bar, Oakmere Park | | Dan Dorian | | | | |
| Tue 25/10/2022 | Inters | Harpenden | 10:00 | 10:30 | Hitchin, Angel Vaults | | Chris Horn | | | | |
| Tue 01/11/2022 | Inters | St Albans | 10:00 | 10:30 | Chipperfield, Two Brewers | | Dave Andrews | | | | |
| Tue 08/11/2022 | Inters | Hatfield | 10:00 | 10:30 | Hertford, Weatherspoons | | Steve Rogers | | | | |
| Tue 15/11/2022 | Inters | Wheathamstead | 10:00 | 10:30 | Watton at Stone - The Bull | | Judith Hill | | | | |
| Tue 22/11/2022 | Inters | St Albans - Clock Tower | 10:00 | 10:30 | The Old Bell - High Street, Old Hemel Hempstead | | Dave Andrews | | | | |
| Tue 29/11/2022 | Inters | Harpenden - Rothamsted Research Cafe | 10:00 | 10:30 | Panshangar, The View | | Gary Johnson | | | | |
| Tue 06/12/2022 | Inters | Hatfield | 10:00 | 10:30 | Colney Heath, Crooked Billet | | Dan Dorrian | | | | |
| Tue 13/12/2022 | Inters | Aldwickbury Golf Club | | | Section Xmas Lunch | | | | | | |
| Tue 20/12/2022 | Inters | St Albans Clock Tower | 10:00 | 10:30 | Redbourn, Hollybush | | | | | | |
| Tue 27/12/2022 | Inters | Wheathamstead - Brewhouse Hill Cafe | 10:00 | 10:30 | Spokes, Codicote | | David Harrison | | | NB The lunch venue has changed from the Cross Keys, Gustard Wood to Spokes near Codicote. | |
| Tue 03/01/2023 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Bell Bar, Cock of the North | | Steve Rogers | | | | |
| Tue 10/01/2023 | Inters | St Albans Clock Tower | 10:00 | 10:30 | Studham, Red Lion | | Martin Phillips | | | | |
| Tue 17/01/2023 | Inters | Harpenden - Rothamsted Research Cafe | 10:00 | 10:30 | Welham Green, Sibthorpe Arms | TBD | Gary Johnson | | | | |
| Tue 24/01/2023 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | London Colney, Colney Fox | | Mark Harrison | | | | |

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|----------------|--------|-------------------------------------|-----------|----------------|-----------------------------------|---------------|-----------------------|-------------------|---------------|----------------|------------|
| Tue 31/01/2023 | Inters | St Albans Clock Tower | 10:00 | 10:30 | Kimpton, The Boot | | Judith Bowman | | | | |
| Tue 07/02/2023 | Inters | Wheathamstead - Brewhouse Hill Cafe | 10:00 | 10:30 | Preston, The Red Lion | | Deb Kirby | | | | |
| Mon 13/02/2023 | Inters | Hatfield | 10:00 | 10:30 | Epping Green, The Beehive | | | | | | |
| Tue 14/02/2023 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Epping Green, The Beehive | | Dan Dorrian | | | | |
| Mon 20/02/2023 | Inters | St Albans | 10:00 | 10:30 | Commonwood, Cart & Horses | | | | | | |
| Tue 21/02/2023 | Inters | St Albans | 10:00 | 10:30 | Commonwood, Cart & Horses | | | | | | |
| Mon 27/02/2023 | Inters | Harpenden | 10:00 | 10:30 | Lytton Arms, Knebworth | | | | | | |
| Tue 28/02/2023 | Inters | Harpenden, Rothamsted Research Cafe | 10:00 | 10:30 | Gosmore, Bird in Hand | | Helen Fish | | | | |
| Tue 07/03/2023 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Hertford, Weatherspoons | | Trevor Arnold | | | | |
| Tue 14/03/2023 | Inters | St Albans | 10:00 | 10:30 | Chipperfield, Two Brewers | | Chris Horn | | | | |
| Tue 21/03/2023 | Inters | Harpenden, Rothamsted Research Cafe | 10:00 | 10:30 | Gt Offley, Green Man | | Tony O'Byrne | | | | |
| Tue 28/03/2023 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Potters Bar, Oakmere Park | | Deb Kirby | | | | |
| Tue 04/04/2023 | Inters | St Albans | 10:00 | 10:30 | The Old Bell, Hemel Hempstead | | Dave Andrews | | | | |
| Tue 11/04/2023 | Inters | Wheathamsted, Brewhouse Cafe | 10:00 | 10:30 | Woolmer Green, Red Lion | | Martin Philips | | | | |
| Tue 18/04/2023 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Enfield, Forty Hall | | Mark Harrison | | | | |
| Tue 25/04/2023 | Inters | St Albans | 10:00 | 10:30 | Tottenham, The Old Bell | | Dave Andrews | | | | |
| Tue 02/05/2023 | Inters | Harpenden, Rothamsted | 10:00 | 10:30 | Titmore Green, Hermit of Redcoats | Wheathamstead | Steve Ricard | | | | |
| Tue 09/05/2023 | Inters | MALLORCA WEEK | 10:00 | 10:30 | MALLORCA WEEK | | | | Mallorca week | | |
| Tue 16/05/2023 | Inters | Hatfield | 10:00 | 10:30 | Hertford Heath, The Goat | TBD | Chris Horn | | | | |
| Tue 23/05/2023 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Chorley Wood, Black Horse | TBD | Steve Rogers | | | | |
| Tue 30/05/2023 | Inters | Wheathamstead | 10:00 | 10:30 | Gravelly, Waggon and Horses | TBD | Leader still required | | | | |

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|----------------|--------|--|-----------|----------------|--|--------------------------------------|------------------|-------------------|------|----------------|------------|
| Tue 06/06/2023 | Inters | Hatfield | 10:00 | 10:30 | Lee Valley TBD | TBD | | | | | |
| Tue 13/06/2023 | Inters | CAR ASSIST | 10:00 | 10:30 | Cardington, Beds | TBD | Jane Sherry | | | | |
| Tue 20/06/2023 | Inters | Harpenden | 10:00 | 10:30 | Lilley, Lilley Arms | TBD | Judith Bowman | | | | |
| Tue 27/06/2023 | Inters | St Albans, Inn on the Park | 10:00 | 10:30 | The Boat, Berkhamsted | TBD | Steve Rogers | | | | |
| Tue 11/07/2023 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Tonwell, Little John & Robin Hood | | Derek Lambert | | | | |
| Tue 18/07/2023 | Inters | Harpenden - Rothamsted | 10:00 | 10:30 | Mangrove Green, King Will | TBD but likely the Oval in Harpenden | Gary Johnson | | | | |
| Tue 25/07/2023 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Aldbury, The Greyhound | | Mark Harrison | | | | |
| Tue 01/08/2023 | Inters | Wheathamsted | 10:00 | 10:30 | Gt Offley, Green Man or café TBD | | Deb Kirby | | | | |
| Tue 08/08/2023 | Inters | Hatfield | 10:00 | 10:30 | Dane End White Hill Golf Club | | Martin Philips | | | | |
| Tue 15/08/2023 | Inters | Harpenden | 10:00 | 10:30 | Lilley, Lilley Arms | | | | | | |
| Tue 22/08/2023 | Inters | St Albans | 10:00 | 10:30 | Cholesbury, Full Moon | | Steve Rogers | | | | |
| Tue 29/08/2023 | Inters | Wheathamsted - Brewhouse Cafe | 10:00 | 10:30 | Little Gaddesden, Bridgewater Arms | | David Andrews | | | | |
| Tue 05/09/2023 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Aston End, The Crown | | Tony O'Byrne | | | | |
| Tue 12/09/2023 | Inters | Harpenden - Rothamsted Research Cafe | 10:00 | 10:30 | Whelpy Hill The White Hart - or picnic | | Gary Johnson | | | | |
| Tue 19/09/2023 | Inters | St Albans - Inn on the Park | 10:00 | 10:30 | Croxley Green , Coach and Horses | | Derek Lambert | | | | |
| Tue 26/09/2023 | Inters | Shuttleworth for St Albans/Hatfield Section Founders Day | 10:00 | 10:30 | Shuttleworth | | | | | | |
| Tue 03/10/2023 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Enfield, Forty Hall | | Deb Kirby | | | | |
| Tue 10/10/2023 | Inters | Harpenden | 10:00 | 10:30 | Preston, Red Lion | | David Harrison | | | | |
| Tue 17/10/2023 | Inters | St Albans | 10:00 | 10:30 | Bramfield, The Grandison | | Steve Rickard | | | | |
| Tue 24/10/2023 | Inters | Wheathamstead - Brewhouse Cafe | 10:00 | 10:30 | Panshangar, Golf Club | | Gary Johnson | | | | |

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| Tue 31/10/2023 | Inters | Hatfield - White Lion Square | 10:00 | 10:30 | Watton at Stone, George & Dragon | | Trevor Arnold | | | | |
| Tue 07/11/2023 | Inters | St Albans | 10:00 | 10:30 | Chipperfield, Two Brewers | | Roger Blassberg | | | | |
| Tue 14/11/2023 | Inters | Harpenden, Rothamsted Research Cafe | 10:00 | 10:30 | Datchworth, The Horns | | Judith Bowman | | | | |
| Tue 21/11/2023 | Inters | Hatfield - Sparks Community Cafe, (by Asda near White Lion Square) - trial | 10:00 | 10:30 | Epping Green, The Beehive | | Dan Dorrian | | This is a TRIAL to see if Sparks Community cafe could work as our meet up and start point. There are bike racks and plenty of seating inside and out. Coffee prices are inexpensive, but there is a £4 minimum limit on paying with a card and only one toilet. Thanks to Deb for the suggestion and recce. | Note the change of meet up and start location for this ride. | |
| Tue 28/11/2023 | Inters | Wheathamstead - Brewhouse Cafe | 10:00 | 10:30 | TBD | | Martin Phillips | | | | https://docs.google.com/spreadsheets/d/1c7L-6OeCdPlhSb03ZGRfs8kpRvqPFa-lzXDy4JoMmuE/edit?usp=sharing |
| Tue 05/12/2023 | Inters | Xmas Lunch, Verulam Golf Club | 12:30 | 10:30 | Xmas Lunch, Verulam Golf Club | | | | | | |
| Tue 12/12/2023 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Little Berkhamsted, Five Horseshoes | | Jane Sherry | | | | |
| Tue 19/12/2023 | Inters | Hatfield, White Lion Square TBC | 10:00 | 10:30 | Redbourn, The Hollybush | | Steve Rogers | | | | |
| Tue 26/12/2023 | Inters | Boxing Day - No Inters ride | 10:00 | 10:30 | Boxing Day | | | | | | |
| Tue 02/01/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Bell Bar, Cock of the North | | | | | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|---|-----------|----------------|-------------------------------------|-----|----------------------------|-------------------|------|---|------------|
| Tue 09/01/2024 | Inters | St Albans, The Clock Tower - ride is cancelled see below. | 10:00 | 10:30 | Studham, Red Lion | | | | | Ride cancelled due to cold weather and danger of ice. As an alternative there is 6 mile loop walk out of Sandridge. 10.00 coffee at Heartwood Cafe. 10.30 start from the Village Hall car park and lunch at the Heartwood Cafe. | |
| Tue 16/01/2024 | Inters | Harpenden, Rothamsted Research Cafe | 9:50 | 10:30 | The Engineer, South Down, Harpenden | | Jane Sherry/ Helen Fish | | | Ride cancelled due to low temperatures and risk of black ice. Replaced with walk loop out of Rothamsted. C.6 miles. | |
| Tue 23/01/2024 | Inters | Hatfield, White Lion Square tbc | 10:00 | 10:30 | London Colney, Colney Fox | | Mark Harrison | | | | |
| Tue 30/01/2024 | Inters | St Albans, The Clock Tower | 10:00 | 10:30 | Kimpton, The Boot | | Judith Bowman | | | | |
| Tue 06/02/2024 | Inters | Wheathamstead, Brewhouse Cafe | 10:00 | 10:30 | Preston, The Red Lion | | Steve Rickard | | | | |
| Tue 13/02/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Epping Green, The Beehive | | Dan Dorrian | | | | |
| Tue 20/02/2024 | Inters | St Albans, The Clock Tower | 10:00 | 10:30 | Commonwood, Cart & Horses | | Martin Philips | | | | |
| Tue 27/02/2024 | Inters | Harpenden, Rothamsted Research Cafe | 10:00 | 10:30 | Lytton Arms, Knebworth | | Deb Kirby | | | | |
| Tue 05/03/2024 | Inters | Wheathamstead, Brewhouse Café | 10:00 | 10:30 | Mangrove Green, King William | | Steve Rogers | | | | |
| Tue 12/03/2024 | Inters | ST Albans Clock Tower | 10:00 | 10:30 | Chorley Wood, Black Horse | | Jane Sherry | | | | |
| Tue 19/03/2024 | Inters | St Albans Clock Tower | 10:00 | 10:30 | Studham, Red Lion | | Gary Johnson | | | | |
| Tue 26/03/2024 | Inters | Hatfield - Sparks Community Cafe, tbc | 10:00 | 10:30 | Welham Green, Sibthorpe Arms | | Andy Katz | | | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
|----------------|--------|---|-----------|----------------|--|---------------|---------------------|-------------------|------------------------------|----------------|------------|
| Tue 02/04/2024 | Inters | Wheathamstead, Brewhouse Cafe | 10:00 | 10:30 | Woolmer Green, Red Lion | | Deb Kirby | | | | |
| Tue 09/04/2024 | Inters | Car Assist TBC Tiptree | 10:00 | 10:30 | Maldon location TBD | | | | | | |
| Tue 16/04/2024 | Inters | St Albans Clock Tower | 10:00 | 10:30 | The Crown at Leyhill | | Dave Andrews | | | | |
| Tue 23/04/2024 | Inters | Harpenden Rothamsted Research Cafe | 10:00 | 10:30 | Lilley, Lilley Arms | | Mark Harrison | | | | |
| Tue 30/04/2024 | Inters | ALTEA SPAIN TRIP | 10:00 | 10:30 | ALTEA, SPAIN | | | | ALTEA, SPAIN | | |
| Tue 07/05/2024 | Inters | Hatfield - Sparks Community Cafe | 10:00 | 10:30 | Hertford Heath - The Goat | | Deb Kirby | | | | |
| Tue 14/05/2024 | Inters | Rothamsted Research, cafe | 10:00 | 10:30 | Walkern, The White Lion | | Mark Harrison | | | | |
| Tue 21/05/2024 | Inters | Letchworth - Starbucks, Leys Avenue, Letchworth SG6 3EA | 10:00 | 10:30 | The Anchor, Great Barford, Bedfordshire MK44 3LF | TBD | Dave Andrews | | Rescheduled Car Assist ride. | | |
| Tue 28/05/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Chipperfield, Two Brewers | | | | | | |
| Tue 04/06/2024 | Inters | Wheathamsted , Brewhouse | 10:00 | 10:30 | Old Farm Inn, Toternhoe | | Gary J | | | | |
| Tue 11/06/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Dane End Golf Course | | Dan D | | | | |
| Tue 18/06/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Croxley Green, The Artichoke | | Julian O | | | | |
| Tue 25/06/2024 | Inters | Tiptree Car Assist (resched.) | 10:00 | 10:30 | Maldon, Fish on the Quay (resched.) | | Tony O'B & Steve Ro | | | | |
| Tue 02/07/2024 | Inters | Harpenden, Rothamsted | 10:00 | 10:30 | Mangrove Green, King William | | Jane S | | | | |
| Tue 09/07/2024 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Titmore Green, The Hermit of Redcoats | | Deb K | | | | |
| Tue 16/07/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Halls Green, The Rising Sun | | David H | | | | |
| Tue 23/07/2024 | Inters | St Albans, Inn on the Park | 10:00 | 10:30 | Greyhound @ Aldbury | | Adrian J | | | | |
| Tue 30/07/2024 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Hitchen Angels Vault | | | | | | |
| Tue 06/08/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Aldenham, Round Bush | | Andy K | | | | |
| Tue 13/08/2024 | Inters | St Albans, Inn on the Park | 9:45 | 10:15 | Cholesbury, Full Moon | Fishery Wharf | Martin P | | | | |
| Tue 20/08/2024 | Inters | Harpenden, Rothamsted | 10:00 | 10:30 | Totternhoe, Old Farm Inn or Cross Keys Tbd | | Jim S | | | | |

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|----------------|--------|--|-----------|----------------|----------------------------------|-----|----------------------------|-------------------|------|----------------|------------|
| Tue 27/08/2024 | Inters | MARLOW - meet place tbd | 10:00 | 10:30 | TBD | | Dave A | | | | |
| Tue 03/09/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Aston End, The Crown | | Andy K. | | | | |
| Tue 10/09/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Preston, The Red Lion | | Steve Ro. | | | | |
| Tue 17/09/2024 | Inters | Harpenden, Rothamsted | 10:00 | 10:30 | Houghton Regis, The Chequers | | Derek L | | | | |
| Tue 24/09/2024 | Inters | Wheathamsted, Brewhouse | 10:00 | 10:30 | Shenley, The White Horse | | Judith B | | | | |
| Tue 01/10/2024 | Inters | Elsenham CAR ASSIST | 10:00 | 10:30 | Steeple Bumpstead, Fox & Hound | | Helen F | | | | |
| Tue 08/10/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Sarratt, The Boot | | Dave A | | | | |
| Tue 15/10/2024 | Inters | Harpenden, Rothamsted Park - Brad & Dill's Cafe near Eric Morecambe Centre | 10:00 | 10:30 | Berkhamsted, The Boat | | Helen F | | | | |
| Tue 22/10/2024 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Watton at Stone, George & Dragon | | Tony O'B | | | | |
| Tue 29/10/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Welwyn Garden City | | Martin P | | | | |
| Tue 05/11/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Studham, The Red Lion | | Adrian J | | | | |
| Tue 12/11/2024 | Inters | Harpenden, Rothamsted | 10:00 | 10:30 | Mangrove Green, King William | | Steve Ri | | | | |
| Tue 19/11/2024 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Tewin, Plume of Feathers | | David H | | | | |
| Tue 26/11/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Borehamwood, Mops & Brooms | | Derek Lambert | | | | |
| Tue 03/12/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Hemel Old Town, Old Bell | | Andy K | | | | |
| Tue 10/12/2024 | Inters | TBD. Section Xmas Lunch | 10:00 | 10:30 | Verulam Golf Club | | N/A or tbd nearer the time | | | | |
| Tue 17/12/2024 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Redbourn, Holly Bush | | | | | | |
| Tue 24/12/2024 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Gustard Wood, Cross Keys TBC | | tbd | | | | |
| Tue 31/12/2024 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Bell Bar, Cock of the North | | Steve Ro | | | | |
| Tue 07/01/2025 | Inters | Harpenden, Rothamsted Park | 10:00 | 10:30 | Abbots Langley, Royal Oak | | | | | | |

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| Tue 14/01/2025 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Epping Green, Beehive | | | | | | |
| Tue 21/01/2025 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Tewin, Plume of Feathers | | David Harrison | | | | |
| Tue 28/01/2025 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Codicote, Globe | | | | | | |
| Tue 04/02/2025 | Inters | Harpenden, Rothamsted Park | 10:00 | 10:30 | Rabley Heath, Robin Hood & Little John | | Steve Rickard | | | | |
| Tue 11/02/2025 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Aldenham, Round Bush | | Andy Katz | | | | |
| Tue 18/02/2025 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | South Mimms, Black Horse | | | | | | |
| Tue 25/02/2025 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Coleman Green, John Bunyan | | Eliot Minn | | | | |
| Tue 04/03/2025 | Inters | Harpenden, Rothamsted Park, Brad and Dills | 10:00 | 10:30 | Chipperfield, Two Brewers | | Kevin Deudon | | | | |
| Tue 11/03/2025 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Welham Green, The Woodman | | Roger Blassberg | | | | |
| Tue 18/03/2025 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Welham Green, Sibthroe Arms | | Dan Dorrian | | | | |
| Tue 25/03/2025 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Whelpley Hill, White Hart | | Gary Johnson | | | | |
| Tue 01/04/2025 | Inters | Harpenden, Brad and Dills | 10:00 | 10:30 | St Ippolytes, Rusty Gun | | Trevor | | | | |
| Tue 08/04/2025 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Datchworth, The Horns | | Deb | | | | |
| Tue 15/04/2025 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Cockernhoe, King William | | Steve Ri | | | | |
| Tue 22/04/2025 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Abbotts Langley, Royal Oak | | Adrian J | | | | |
| Tue 29/04/2025 | Inters | Harpenden, Sports centre Rothamsted Park | 10:00 | 10:30 | Studham, Red Lion | | Derek L | | | | |
| Tue 06/05/2025 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Watton at Stone, George and Dragon | | Dan D | | | | |
| Tue 13/05/2025 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | Great Offley, Green Man | | Andy K | | | | |
| Tue 20/05/2025 | Inters | Car Assist | 10:00 | 10:30 | Marlow | | Dave Andrews | Mike Fish | | Changed 1 May | |
| Tue 27/05/2025 | Inters | Hatfield, White Lion Square | 10:00 | 10:30 | Hoddeston, Fish and Eels | | Jim Strother | | Changed on 1 May. | | |
| Tue 03/06/2025 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Hertford Heath, The Goat | | Eliot M | | | | |

| Ride Date | Group | Meet | Meet Time | Departure Time | Lunch | Tea | Principal Leader | Supporting Leader | Note | Important Note | Event Link |
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| Tue 10/06/2025 | Inters | Wheathamstead, Brewhouse | 10:00 | 10:30 | The Crown, Aston End | | Deb | | | | |
| Tue 17/06/2025 | Inters | St Albans, Clock Tower | 10:00 | 10:30 | Welham Green, The Woodman | | Mark Harrison | | | | |
| Tue 24/06/2025 | Inters | Car assist Ashwell | 10:00 | 10:30 | Cambridge / Grantchester | | Martin Phillips | | | | |

St Albans

| Ride Date | Meet | Lunch | Principal Leader | Supporting Leader |
|----------------|-----------------------------|--|------------------|--------------------|
| Tue 23/11/2021 | Hatfield, White Lion Square | Aldenham, Round Bush 01923855532, Peter Bullen | Peter Bullen | TBC (if necessary) |

