



Ride list

Exported on: 18/05/2026 Exported type: All future and past rides

Essex B (West) - Essex West

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 22/12/2022	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Matching Tye: The Fox	Peter Cowup	John Houghton			
Thu 29/12/2022	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Horns and Horeshoes	John Houghton	Martin Williamson			
Thu 05/01/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.		10:30	Kelevedon: The Eagle	John Houghton	Peter Cowup			
Thu 12/01/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Garnon Bushes	John Houghton	Keith Douglas			
Thu 19/01/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	High Roding café	Chris Barratt	John Houghton			
Thu 26/01/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	Peter Cowup	John Houghton			
Thu 02/02/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	The Rabbits	Keith Douglas	John Houghton			
Thu 09/02/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ongar: The Stag	Martin Williamson	Peter Cowup			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 16/02/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Matching Tye: The Fox	Keith Douglas	John Houghton			
Thu 23/02/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Martin Williamson	John Houghton			
Thu 02/03/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Daintees Cafe High Roding	John Houghton	Keith Douglas			
Thu 09/03/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Peter Cowup	John Houghton			
Thu 16/03/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Gilston: Moorhen	John Houghton	Chris Barratt			
Thu 23/03/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Heath: Hunter's Retreat	John Houghton	Keith Douglas			
Thu 30/03/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Sawbridgeworth: The Shed	John Houghton	Martin Williamson			
Thu 06/04/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Matching Tye: The Fox	John Houghton	Chris Barratt			
Thu 13/04/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:30	10:30	Wareside: The Chequers	Keith Douglas	John Houghton		Outward route and return route.	https://ridewithgps.com/routes/35089892 Outward route https://ridewithgps.com/routes/38130851 Return route
Thu 20/04/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge		10:30	Ingatestone: The Bell	Martin Williamson	John Houghton			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 27/04/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Ashfield's Golf Course Cafe.	Peter Cowup	Keith Douglas			
Thu 04/05/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Broad Oak: The Duke's Head	John Houghton	Martin Williamson			Change of lunch venue.
Thu 11/05/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Mole Hill Green: The Three Horse Shoes	John Houghton	Chris Barratt			
Thu 18/05/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Writtle: Rose and Crown	Peter Cowup	Keith Douglas			
Thu 25/05/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Standon: The Star	Martin Williamson	John Houghton			
Thu 01/06/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ongar: The Stag	John Houghton	Chris Barratt			
Thu 08/06/2023	Essex West	High Easter: The Snug	10:00	10:30	Cressing Temple Barn	Peter Cowup			This is a car assisted ride starting and ending at the Snug in High Easter. Car Parking is opposite the Snug.	
Thu 15/06/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Felsted: The Wood Cottage.	John Houghton	Chris Barratt			
Thu 22/06/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	Martin Williamson	Keith Douglas			
Thu 29/06/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Albury: The Catherine Wheel	John Houghton	Keith Douglas			
Thu 06/07/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Peter Cowup	John Houghton			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 13/07/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Pleshey: The Leather Bottle.	Martin Williamson	Peter Cowup			
Thu 20/07/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	To be arranged.	John Houghton	Peter		Rides: https://ridewithgps.com/routes/41860895 26 miles https://ridewithgps.com/routes/37052721 29 miles	
Thu 27/07/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Heath: The White Horse	Keith Douglas	Martin Williamson			
Thu 03/08/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Matching Tye: The Fox	Peter Cowup	Chris Barratt			
Thu 10/08/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Littley Green: Compasses.	Peter Cowup	Keith Douglas			
Thu 17/08/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ingatestone: The Bell	John Houghton	Martin Williamson			
Thu 24/08/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Little Easton: The Stag.	John Houghton	Chris Barratt			
Thu 31/08/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	The Duke's Head: Hatfield Broadoak	John Houghton	Chris Barratt		https://ridewithgps.com/routes/42712863 This is the shorter route. https://ridewithgps.com/routes/42712793 Longer.	
Thu 07/09/2023	Essex West	Cammas Hall	10:00	10:30	Blue Egg	Peter Cowup	John Houghton			
Thu 14/09/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Writtle: Rose and Crown	Peter Cowup	Martin Williamson			
Thu 21/09/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Standon: The Star	John Houghton	Keith Douglas			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 28/09/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Chris Barratt	John Houghton			
Thu 05/10/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Daintas Cafe High Roding	John Houghton	Peter Cowup			
Thu 12/10/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ongar: The Stag	Keith Douglas	Martin Williamson			
Thu 19/10/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Felsted: The Wood Cottage.	John Houghton	Chris Barratt	https://ridewithgps.com/routes/35086848		
Thu 26/10/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00		Mill Green: The Viper	John Houghton	Keith Douglas		https://ridewithgps.com/routes/35103621 https://ridewithgps.com/routes/42940021	
Thu 02/11/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Pleshey: The Leather Bottle.	Peter Cowup	John Houghton			
Thu 09/11/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Rose and Crown, Writtle	John Houghton	Martin Williamson			
Thu 16/11/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Kelevedon: The Eagle	Keith Douglas	John Houghton			
Thu 23/11/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Heath: Hunter's Retreat	Martin Williamson	John Houghton			
Thu 30/11/2023	Essex West	Harlow Garden Centre	10:00	10:30	Hastingwood: Rainbow and Dove	Chris Barratt	John Houghton		This is a slightly longer ride as the return journey is so short.	
Thu 07/12/2023	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Keith Douglas	Martin Williamson			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 14/12/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Broad Oak: The Duke's Head	Peter Cowup	Chris Barratt			
Thu 21/12/2023	Essex West	Stapleford Aerodrome Café, A113 near Abridge			Hastingwood: Horns and Horseshoes	John Houghton	Keith Douglas			
Thu 28/12/2023	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00		Hatfield Broadoak: The Cock	John Houghton	Martin Williamson			
Thu 04/01/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge			Moreton: White Hart	Peter Cowup	Chris Barratt			
Thu 11/01/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00		Pleshey: The Leather Bottle.	Martin Williamson	John Houghton			
Thu 18/01/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Garnon Bushes	Martin Williamson	Peter Cowup			
Thu 25/01/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Matching Tye: The Fox	Keith Douglas	John Houghton			
Thu 01/02/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	John Houghton	Chris Barratt			
Thu 08/02/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Gilston: Moorhen	Martin Williamson	John Houghton			
Thu 15/02/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Peter Cowup	John Houghton			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 22/02/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Kelevedon: The Eagle	Chris Barratt	Peter Cowup			
Thu 29/02/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Broad Oak: The Duke's Head	John Houghton	Keith Douglas			
Thu 07/03/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Writtle: Rose and Crown	Keith Douglas	John Houghton			
Thu 14/03/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ingatestone: The Bell	Peter Cowup	Chris Barratt			
Thu 21/03/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Sawbridgeworth: The Shed	Keith Douglas	John Houghton			
Thu 28/03/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Heath: The White Horse	Peter Cowup	John Houghton			
Thu 04/04/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Axe and Compass	John Houghton	Chris Barratt			
Thu 11/04/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	Peter Cowup	Keith Douglas			
Thu 18/04/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Ashfield's Golf Course Cafe.	Chris Barratt	John Houghton			
Thu 25/04/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Matching Tye: The Fox	John Houghton	Keith Douglas			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 02/05/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Forest: National Trust Café.	Peter Cowup	Chris Barratt			
Thu 09/05/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Moreton: White Hart	John Houghton	Keith Douglas			
Thu 16/05/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Standon: The Star	Chris Barratt	John Houghton			
Thu 23/05/2024	Essex West	High Easter: The Snug	10:00	10:30	Cressing Temple Barns	Peter Cowup	John Houghton			
Thu 30/05/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Wareside: The Chequers	Chris Barratt	John Houghton			
Thu 06/06/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Peter Cowup	John Houghton			
Thu 13/06/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Writtle: Rose and Crown	Keith Douglas	Chris Barratt			
Thu 20/06/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Peter Cowup	Chris Barratt			
Thu 27/06/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Albury: The Catherine Wheel	John Houghton	Keith Douglas			
Thu 04/07/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hunter's Meet. Hatfield Heath	John Houghton	Chris Barratt			
Thu 11/07/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Roxwell: The Hare	John Houghton	Peter Cowup			

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Thu 18/07/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	Keith Douglas	John Houghton			
Thu 25/07/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Little Easton: The Stag.	Keith Douglas	John Houghton			
Thu 01/08/2024	Essex West	High Easter: The Snug	10:00	10:30	The Blue Egg	Peter Cowup	John Houghton		Details to follow.	
Thu 08/08/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Howe Green: Greenman	Peter Cowup	Chris Barratt			
Thu 15/08/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Matching Tye: The Fox	John Houghton	Keith Douglas			
Thu 22/08/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Felsted: The Wood Cottage	Peter Cowup	Keith Douglas			
Thu 29/08/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Broad Oak: The Duke's Head	Chris Barratt	John Houghton			
Thu 05/09/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:30	10:30	Writtle: Rose and Crown	John Houghton	Barry Burke		Additional leader Chris.	
Thu 12/09/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ingatestone: The Bell	Peter Cowup	Andy Pople			
Thu 19/09/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Standon: The Star	John Houghton	Peter Cowup			
Thu 26/09/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Chris Barratt	John Houghton			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 03/10/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Kelevedon: The Eagle	Peter Cowup	Andy Pople/Keith Douglas			
Thu 10/10/2024	Essex West	Snug High Easter	10:00	10:30	Three Tuns Finchingfield	Chris Barratt	Peter Cowup			
Thu 17/10/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	John Houghton	Peter Cowup			
Thu 24/10/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Albury: The Catherine Wheel	John Houghton	Keith Douglas			
Thu 31/10/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Peter Cowup	Barry Burke			
Thu 07/11/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	High Roding: Black Lion	Andy Pople	Peter Cowup			
Thu 14/11/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	Barry Burke	Peter Cowup			
Thu 21/11/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Gilston: Moorhen	Keith Douglas	John Houghton			
Thu 28/11/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Moreton: White Hart	John Houghton	Chris Barratt			
Thu 05/12/2024	Essex West	Harlow Garden Centre	10:00	10:30	Hatfield Heath: The White Horse	Barry Burke	John Houghton			
Thu 12/12/2024	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Foster Street: Horns and Horseshoes	John Houghton	Andy Pople			

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Thu 19/12/2024	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Matching Tye: The Fox	Chris Barratt	John Houghton/Peter Cowup			
Thu 02/01/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stapleford	Barry Burke				
Thu 09/01/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Coopersale: Garnon Bushes	John Houghton	Keith Douglas			
Thu 09/01/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Garnon Bushes	John Houghton	Chris Barratt			
Thu 16/01/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	High Roding: Black Lion	Keith Douglas	John Houghton			
Thu 23/01/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Andy Pople	Peter Cowup			
Thu 30/01/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Broad Oak: The Duke's Head	Keith Douglas	John Houghton			
Thu 06/02/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	Barry Burke	Peter Cowup			
Thu 13/02/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Kelvedon: The Eagle	John Houghton	Keith Douglas			
Thu 20/02/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	John Houghton	Andy Pople			
Thu 20/02/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	John Houghton	Barry Burke			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 27/02/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Writtle: Rose and Crown	Chris Barratt	John Houghton			Alternative route: https://ridewithgps.com/routes/49578434
Thu 06/03/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms TBC	John Houghton	Keith Douglas			
Thu 13/03/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Gilston: Moorhen	Peter Cowup	Andy Pople			
Thu 20/03/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Moreton: White Hart	Chris Barratt	Peter Cowup			
Thu 27/03/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Sawbridgeworth: The Shed	John Houghton	Barry Burke			
Thu 03/04/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Heath: The White Horse	John Houghton	Chris Barratt			
Thu 10/04/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Wareside: The Chequers	Keith Douglas	John Houghton			
Thu 17/04/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ingatestone: The Bell	Andy Pople	John Houghton			
Thu 24/04/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Writtle: Rose and Crown	Peter Cowup	Barry Burke			
Thu 01/05/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Horns and Horseshoes	John Houghton	Chris Barratt			

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Thu 08/05/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Albury: Catherine Wheel	Peter Cowup				
Thu 15/05/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	John Houghton	Chris Barratt			
Thu 22/05/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Toot Hill: The Greenman	Barry Burke	John Houghton			
Thu 29/05/2025	Essex West	High Easter: The Snug	10:00	10:30	Cessing Temple Barns	Peter Cowup	Andy Pople		Car assisted ride.	
Thu 05/06/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Littley Green: Compasses	John Houghton	Chris Barratt			
Thu 12/06/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	Barry Burke	John Houghton			
Thu 19/06/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Forest: National Trust Café.	John Houghton	Chris Barratt			
Thu 26/06/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Heath: The White Horse	Peter Cowup	Andy Pople			
Thu 03/07/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Roxwell: The Hare	Chris Barratt	Peter Cowup			
Thu 10/07/2025	Essex West	Hanningfield Reservoir	10:00	10:30	Bunsay Downs Golf Club in Spring Elms Lane, Little Baddow	Barry Burke	John Houghton			
Thu 17/07/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Little Easton: The Stag.	John Houghton	Keith Douglas			

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Thu 24/07/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Broad Oak: The Dukes Head	Chris Barratt	John Houghton			
Thu 31/07/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Writtle: Rose and Crown	Barry Burke	Andy Pople Brian Namen			
Thu 07/08/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	The Fox Matching Tye	Keith Douglas	Peter Cowup			
Thu 14/08/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Felsted: The Wood Cottage	John Houghton	Chris Barratt			
Thu 21/08/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Andy Pople	John Houghton			
Thu 28/08/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	The Bell: Standon. Sandwiches through The Bakery Standon	Barry Burke	John Houghton			
Thu 04/09/2025	Essex West	High Easter: The Snug	10:00	10:30	Blue Egg	Peter Cowup	Andy Pople			
Thu 11/09/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	High Roding: Black Lion	Chris Barratt	John Houghton			
Thu 18/09/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Little Warley: The Grey Hound	Barry Burke	John Houghton			
Thu 25/09/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Roxwell: The Chequers	Peter Cowup/John Houghton	Keith Douglas			
Thu 02/10/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Foster Street: Horns and Horseshoes	Peter Cowup	Chris Barratt			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 09/10/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Albury: The Catherine Wheel	Keith Douglas	Peter Cowup		Pre order.	
Thu 16/10/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stondon Massey: Brick Layer's Arms	Barry Burke	John Houghton			
Thu 23/10/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Littley Green: Compasses	John Houghton	Andy Pople			
Thu 30/10/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	John Houghton	Keith Douglas			
Thu 06/11/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Broad Oak: The Duke's Head	Keith Douglas	John Houghton/Peter Cowup			
Thu 13/11/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ingatestone: The Bell	Barry Burke	Peter Cowup			
Thu 20/11/2025	Essex West	Harlow Garden Centre	10:00	10:30	Gilston: Moorhen	John Houghton	Keith Douglas			
Thu 27/11/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Sheering: The Cock	Barry Burke	John Houghton			
Thu 04/12/2025	Essex West	Harlow Garden Centre	10:00	10:30	The Chequers: Roxwell.	Peter Cowup	Andy Pople		https://ridewithgps.com/routes/53420689 34 miles	
Thu 11/12/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Heath: The White Horse	Chris Barratt	John Houghton/Peter Cowup			
Thu 18/12/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Matching Tye: The Fox	John Houghton	Barry Burke			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Wed 24/12/2025	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Boardeli's in Abridge	Barry Burke				
Wed 31/12/2025	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Horns and Horseshoes	Barry Burke				
Thu 08/01/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Coopersale: Garnon Bushes	Andy Pople	John Houghton			
Thu 15/01/2026	Essex West	Harlow Garden Centre	10:00	10:30	High Roding: Black Lion	Keith Douglas	John Houghton			
Thu 22/01/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Moreton: White Hart	Peter Cowup	Chris Barratt			
Thu 29/01/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Hatfield Heath: The White Horse	John Houghton	Barry Burke			
Thu 05/02/2026	Essex West	Stapleford	10:00	10:30	Stondon Massey: Brick Layers Arms	Chris Barratt	Keith Douglas			
Thu 12/02/2026	Essex West	Harlow Garden Centre	10:00	10:30	Kelevedon: The Eagle	John Houghton	Barry Burke			
Thu 19/02/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Stock: The Baker's Arms	Keith Douglas	Chris Barratt			
Thu 26/02/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Writtle: Rose and Crown	Andy Pople	John Houghton			
Thu 05/03/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge		10:30	Sheering: The Cock	John Houghton	Keith Douglas			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 12/03/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	High Roding: Black Lion	Chris Barratt	Peter Cowup			
Thu 19/03/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Mill Green: The Viper	Barry Burke	John Houghton		Pre order	
Thu 26/03/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Matching Tye: The Fox	Chris Barratt	John Houghton		https://ridewithgps.com/routes/54274681 This is a longer ride via Harlow. 27 miles to the pub.	
Thu 02/04/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Horns and Horse Shoes	John Houghton	Keith Douglas			
Thu 09/04/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Roxwell: The Chequers	Barry Burke	John Houghton		Longer ride to the Chequers: https://ridewithgps.com/routes/54407195	
Thu 16/04/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Hatfield Broad Oak: The Duke's Head	Peter Cowup	Andy Pople			
Thu 23/04/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Wareside: The Chequers	Barry Burke	John Houghton/Peter Cowup			
Thu 30/04/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Writtle: Rose and Crown	John Houghton	Chris Barratt			
Thu 30/04/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Writtle: Rose and Crown	John Houghton	Chris Barratt		https://ridewithgps.com/routes/35103886	
Thu 07/05/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Little Easton: The Stag.	Richard Bristow	John Houghton			
Thu 14/05/2026	Essex West	High Easter: The Snug	10:00	10:30	Cressing Temple Barns.	Peter Cowup	Barry Burke			

Ride Date	Group	Meet	Meet Time	Departure Time	Lunch	Principal Leader	Supporting Leader	Map Ref	Note	Important Note
Thu 21/05/2026	Essex West	Harlow Garden Centre	10:00	10:30	Hatfield Forest: National Trust Café.	Peter Cowup	Keith Douglas			
Thu 28/05/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	The Olde Dog	Barry Burke	John Houghton/Peter Cowup			
Thu 04/06/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Felsted: The Wood Cottage	John Houghton	Chris Barratt			
Thu 11/06/2026	Essex West	Hanningfield Reservoir.	10:00	10:30	Bunsay Golf Course	Barry Burke	John Houghton/Peter Cowup		Car assisted ride.	
Thu 18/06/2026	Essex West	Harlow Garden Centre A414 near Hastingwood.	10:00	10:30	Little Green: Compasses	John Houghton	Keith Douglas			
Thu 25/06/2026	Essex West	Stapleford Aerodrome Cafe, A113 near Abridge	10:00	10:30	Ingatestone: The Bell	Peter Cowup	Richard Bristow			

