

The Forty Plus Cycling Club

Year 1986

MINUTES of the A.G.M. 1st FEBRUARY. 1986.
Held at the UNION JACK CLUB, London, S.E.1

1986

Proceedings commenced at 11.05, Mr W.Turner in The CHAIR. Apologies for absence were received from:- Mr J.Scrutton, Mr E. Pomphrett, Mr B.Crooke, Mr P.Copp, Mr W.Hill, Mr J.Wyatt, Mr E.Engel, Mr C. Cheesman, and Mrs W.Collins. Weather conditions were bad all day, and it was some time before all intending to attend, arrived. A total of 44 was realised - 7 up on last year, some travelling from a considerable distance.

The Minutes of the 1985 A.G.M, published in abridged form in "Signpost" were accepted, and there were no Matters Arising.

The General Secretary's Report was then read out, and was accepted as satisfactory. The only comment was - that a Vote of Thanks to Doug Brunwin should be Recorded for his splendid work and generosity in organising the 100m Randonnee, and his Car Assisted Run in 1985.

REPORT

The Membership Sec'y/Treasurer's ~~was~~ Report was then read out. It was unfortunate that the details regarding membership were virtually the same as those given to the General Sec'y for his Report, but this was accepted by all without comment. What did confuse them was that Mrs Card then continued with some details of the pros and cons, and costs of "Signpost" based on something worked out by a member of her family. The Chairman was embarrassed by this and attempted to stop the "flow" as these matters were to be the subject of Motions and discussion later as set out in the Agenda. But to no avail. Some time was lost, to no good purpose, and dealing with such matters at the preceding Committee Meeting could have avoided this.

The Financial Report, as published in "Signpost", was accepted as satisfactory.

The Election of Officers for 1986 commenced with a letter from our President to the General Sec'y being read out. In the letter, Mr W.Moore indicated that he wished to stand down from that Office, and proffered any assistance required by a successor. A nice, warm letter, thanking all those who had supported him in his term of office. This was well received by the Meeting, (it later transpired that he was unwell), and had to have some assistance to get home after the meeting. Other Officers who stood down were:- Mr E.Vesper, (Gen' Sec'y, Mr E.Pomphrett, (E.Sun), Mr J Wyatt, (Southern WED').

Officers Elected were as per attached list, and all were either voluntary or unopposed.

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Motions for consideration and Vote commenced with the Gen'Sec' stating that as there were so many of them (some concerning the same subject), he proposed to group them under subject headings to save confusion and time. There were no objections. He also drew attention to an omission, and, an irregularity on the printed Agenda, the former (No7) concerning the late Mr R. Finnimore's legacy, and the latter concerning a Motion (No9) which he had not seen or received. This was entered under "Any Other Business"! This of course could not be accepted (Club Rules 6.ii). No reason was given for this, but fair comment could perhaps be - that those concerned could reasonably be expected to know better.

Motions numbered 1, 5, and 6 concerned the printing and distribution of "Signpost". Numbers 1, and 6 were carried with a majority of over 2/3, and "Signpost" will be collected, enveloped, and posted to all members. This task will be performed by Mr J. Stevens who kindly volunteered to do this, for which those present were very grateful. There was some discussion about the amount that subscriptions would need to be increased to cover the cost, and eventually it was proposed by Mr Wooder and seconded by Mr Stevens, that sub's should be increased by 100% - (£2.00 pa, £8.00 commuted, £2.50 married couple, £10.00 commuted married couple). Motion No5 proposed by Mr Wooder was defeated unanimously as being too expensive to have it all printed commercially (abt £2000). The increase in sub's to be carried into Rule 4(i&iv).

Motions requiring alteration to Club Rules were:-

4. Proposed, Mrs Ford, - that ALL Motions for future AGM's be in the hands of the Gen'Sec'y in time for publication in the preceding December "Signpost", which is currently 15th November. Carried, ~~unanimously~~ MAJORITY OVER $\frac{2}{3}$. *49*
9. Proposed, Mrs Card, - that an Entrance Fee of 50p be introduced for new members to cover enrolment costs. Motion defeated.
10. Proposed, Mrs Card, - that the posts of Ass't Sec'y and Runs List co-ordinator be ratified and carried into Club Rules. Motion carried, but Mrs Cheesman in regard to the latter post (which she holds) said that she just typed stencils in accordance with the runs lists provided, and did not attempt to co-ordinate them. The entry will be "Typist, Runs Lists". Motion carried. *OVER $\frac{2}{3}$ MAJORITY* *W*
14. Proposed, Mr E. Engel, - that a President be elected for a period of 1 year, and shall be eligible for re-election for a total maximum of 3 years. Motion carried. *OVER $\frac{2}{3}$* (Rule 10). At this point the Chairman produced and read out a letter from Mr Engel (who could not attend). This proved to be a rather long diatribe, difficult for the Chairman to read, and some of those present became a little restive.

Motions proposing purchase of better equipment were:-

2. Proposed, Mrs E. Paine, - that an Electrically Powered Duplicator (reconditioned) be purchased for use by the Printer. Carried unanimously - Refer to Committee. *Re*

3. Proposed, Mrs E.Paine,- that an Electric Typewriter(used) be purchased to ease the work of the Editor. Carried unanimously,- Refer to Committee.

Motions affecting Club Activities were:-

7. Proposed, Mr C. Merrett, (Sec'E.Vesper) that the 100m Randonnee be adopted as an Annual event. Carried unanimously, but Mr Merrett raised some objection to some of the faster riders passing the slower ones to (so he infers) their peril. No comment. Mr W. Moore said that consideration should be given to running it on the Northern side in fairness to members riding that area.
8. Proposed, Mr J. Scrutton, (Sec'E.Vesper) that Car Assisted Runs into other Sect'n areas be continued as and where feasible and notifiable in "Signpost". Carried unanimously,-Refer to Committee.
11. Proposed, Mrs Card,- that Car Assisted Runs take place at least 4 times a year. Unanimous -Refer to Committee.
12. Proposed, Mrs D.Bazely, (Sec'L. Page) that the Luton&Dunstable Section now be re-named the South Bedfordshire Sect'n. Carried unanimously.
13. Proposed, Mr E. Engel (Sec' Mrs. E. Engel) that the Presentation of Tankards/Book Tokens to those reaching 80 years of age or later to cease and be replaced by the Presentation of a specially Engraved Badge ~~on~~ on an 80th birthday. This proposal is based on monetary considerations, and Mr S. Young said that this could seem to be unfair to those in "anticipation". Accordingly, he proposed that this should not be effective until after 1st Jan 1987. This was Seconded by Mrs Paine, and the Motion was carried.

Item 6 (omitted from the Printed Agenda) concerned the disposal of the Legacy of £1000 left to the Club from the Estate of the Late Mr R. Finnimore. It was eventually decided that this matter should be referred to the Committee.

8. Any Other Business. Mr L. Page mentioned poor Postal service letters going astray etc, and asked if Postcodes could be given to the Membership Sec'y/Treasurer where possible. Agreed unanimously.

A member (whose name escapes me) asked if it would be possible for the Club to furnish a list of members addresses to the various Runs Sec's. These are far too costly to reproduce for distribution. However, Mrs E. Paine, who prepares the addresses for "Signpost" offered to cut some stencils for eventual printing of such lists. A monumental task indeed!

Mr Jefford said that he thought that future AGMs should take place later in the day (afternoon) to accommodate those members who had to work. The reception was a bit uncertain, and it was recalled that at one time, they were held on Sundays, presumably for that purpose. This was abandoned because of alleged travelling difficulties. There was virtually no change in attendance figures. He suggested a "Feeler" in "Signpost".

There being no other business, the Meeting closed at 1.55pm.

There being no other business, the meeting closed at 1.22pm. He suggested a "Letter" in "Starboard". Difficulties. There was virtually no change in attendance figures for that purpose. This was explained because of alleged travelling restrictions at one time, they were held on Sundays, presumably had to work. The reception was a bit uncertain, and it was held later in the day (afternoon) to accommodate those members who

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A member (whose name escapes me) asked if it would be possible the membership sec. 2, Treasurer where possible. Agreed unanimously. Letters going away etc. and asked if postcodes could be given to

8. Any other business. Mr. E. Payne mentioned book postal service be referred to the Committee.

Mr. E. Bunnimore. It was eventually decided that this matter should of the loss of £1000 left to the Club from the estate of the late

Item 2 (omitted from the printed agenda) concerned the grab bag

1981. This was seconded by Mrs. Payne, and the motion was carried proposed that this should not be effective until after Jan 1st, seem to be unfair to those in subscription; accordingly, be on monetary considerations, and Mr. E. Young said that this could be replaced by a book on an 80th birthday. This proposal is passed to cease and be replaced by the presentation of a specially designed book tokens to those reaching 80 years of age or later 12. Proposed, Mrs. E. Payne (sec. Mrs. E. Payne) that the presentation of unanimously.

Section now be re-named the South Bedfordshire sect. n. Carried 15. Proposed, Mrs. D. Bazeley (sec. 1. Payne) that the Int. & Domestic times a year, unanimously - Refer to Committee.

11. Proposed, Mrs. C. G. - that C&A assisted home take place at least 4 months in "Starboard". Carried unanimously - Refer to Committee. Into other sect. n areas be continued as and where feasible and

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said that consideration should be given to running it on the slower ones to (so be interested) their best. No comment. Mr. M. Moore raised some objection to some of the faster riders basing the adopted as an annual event. Carried unanimously, but Mr. W. Mettett

1. Proposed, Mr. C. Mettett (sec. E. Leaper) that the 110m handover be motions affecting Club activities were:-

Refer to Committee.

butressed to ease the work of the Editor. Carried unanimously.

3. Proposed, Mrs. E. Payne - that an electric typewriter (used) be

Proceedings commenced at 11.05, Mr W. Turner in the Chair. Apologies for non attendance were received from Mrs R. Ford, Mr J. Wyatt (Hol's), Mr W. Hill (Sick), Mr H. Rumball (Work). Mr E. Pomphrett did not attend (Work?).

The Minutes of the Meeting held on 5th October 1985 were read out to those present, and all were agreed that they were an accurate record of that Meeting. The Minutes were signed as approved by the Chairman.

There were no matters arising, other than the continuation of interest in trying to relieve Mr Newman of the burden of distributing "Signpost". This had been raised at that Meeting by Mr J. Scrutton.

A considerable amount of time was taken on this matter (to the eventual detriment of the Meeting), and opinions varied widely. They ranged from those of Mr T. Wooder, who thinks that the magazine should be put out to print with the attendant increase in sub's, to those of Mr W. Newman, who is opposed to any increase in sub's and thinks that he could get by with virtually no increase in cost enough to warrant such an increase in sub's. He looks upon this as "providing a service". He gave some figures to support his views, but said that if the Motion to have the magazine sent through the Post was carried at the forthcoming AGM, a doubling of sub's should cover the cost.

There was further discussion as to whether the doubling of sub's would be sufficient, or, too much, and, as time was running out, the Chairman called for a Vote with the following result:-

Sub's at Annual Rate - £1.50. (£2.00 Married couple)

" " Commuted " - £6.00. (£8.00 " ")

:- from the date of the AGM.

Again, regarding the distribution of the magazine, Mr W. Moore decided that he would like to continue his present delivery of those in his area, which has worked in the main satisfactorily. Mr Newman then said that he would like to continue his present deliveries with a little more assistance with those disposed of at Paslow Common. Thus it would seem that the bulk posting of the magazine is not required. There was some mention of names and addresses typed on covers which had worn off in the Post causing delay in delivery.

In Correspondence, a letter from a Mr P. Copp, a member, and Editor of "The Pedaller" (the magazine of the West Sussex D.A.) was read out. It was a very lengthy one, based on suggestions of dealing with an increase in sub's, subsequent to the posting of the magazine. There were some good points in it, one of which was- that the Club Year should run from April to May in the following year, (leaving the approximate date of the AGM as it is). This would mean, if adopted, that the current year would be one of 15 months. There was some uncertainty as to what would be the position of those who had already paid their sub's, with a suggestion that they might be induced to make the difference later. The Chairman and Mr Moore, and Mr Vesper

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were in favour of this step.

Another letter from a Mr J. Shaw of Marlow, also a member, enquired as to the frequency and venue of Committee Meetings?? He is a member of the FCOT, who have an Electric Typewriter surplus to requirements, which they would make available to us (his words) at a very modest charge. He offered it on trial loan to our Editor without obligation. Mr Shaw also indicated that he would be happy to lead a Car Assisted run from his home, providing "elevenses" and tea. He would need to know the mileage we would prefer. He did infer that as we no longer advertise, it could impede recruitment for a 40+ Section in his area.

Other letters as follows from:-

Mr F Wright, - withdrawing a motion submitted for the AGM.

Mrs E. Paine, - regarding an entry of names under "News of Members" Sept'1985 "Signpost", and pointing out that some of those mentioned were no longer Members. The Gen'Sec'y did not make this entry when compiling this column.

Mrs G. Gardner, - concerning the issue of Rule Books whilst she was Secretary, following the publication of Club Rules in the Dec'1985 "Signpost"

Mr W. Coombes, - in appreciation of the presentation of a Tankard on his 80th birthday, and the attendant gathering.

Epping Forest D.C. - confirming that our request for attention to be given to potholes on the B1393 will be complied with.

Mr W. Hill, - suggesting that we consider for Hon' Vice Presidents our two remaining Founder Members.

Mr E. Engel, - offering an address of printers at Bognor.

New members came to a total of 15.

The Treasurers Report for the AGM was not yet finalised, but the one produced for the last Quarter was considered satisfactory.

The Motions on hand for the forthcoming AGM (a total of 14) could not be dealt with (as foreseen by the Gen'Sec'y) owing to the lack of time.

Any other Business could not be pursued for the same reason. The Meeting closed at 12.50pm.

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COMMITTEE MEETING MARCH 22nd 1986

Mr. W. Turner took the chair.

A.G.M. and January 11th minutes read

Matters arising.

Bill Newman was still exploring matter of electric duplicator.

Rose Ford found the F.C.O.T. electric typewriter unsatisfactory at cutting stencils, but said there was a possible availability of another one.

Tankards Vi Wilcox & V. Aris to be presented with theirs at the same time before the end of 1986.

100 mile Ride. The General Secretary reported on a letter received from Doug Brunwin, asking if he had official blessing to run the 1986 '100', and if so for guidance on financing, pointing out that the total entrance fee last year was about £100 short of total cost. After lengthy discussion an entrance fee of £1.00 was adopted (not to cover elevenths, as it did last year), with one dissenter Bill Newman who felt it should remain at 50p. Certificated were thought to be a possible cheaper alternative to badges, and this was to be costed.

Competition to be launched by General Secretary in next Signpost for design of 80th Birthday Award Badge.

Treasurer's Report Financially sound.

Any other business

President has right to attend committee meetings.

Date of A.G.M., late January or early February.

Runs leaders to notify publicans when to expect us for meals, but to give no numbers.

Mr. J. Stevens had been looking into wrapping for posting Signpost, and it was agreed to buy 1000 special plastic bags as an experiment.

FORTY PLUS C. C.
COMMITTEE MEETING JULY 5th 1986

Mr. W. Turner took the chair.

Eve Engel and John Rainbow were on holiday and both sent their apologies for non-attendance.

March 22nd minutes read.

Matters Arising

100 Mile Ride: Secretary reported that agreement had been reached with Doug Brunwin for the club to contribute up to £50 towards covering any deficiency arising from the event and should the loss be greater Doug had kindly offered to cover it himself; badges to be awarded.

Jim Stevens had only one small hiccup on the new policy of posting 'Signpost', the rest of the Committee had heard no complaints and were happy with the new Plastic Wrappings and endorsed their continued use.

Secretary's Report.

Anna Ashton is now East Herts Secretary having taken over on Bill Hill's death.

A letter had been received from Eve Engel, proposing a £10 donation to a charity on a member's death instead of having collections. It was thought this was impracticable because it is often not known when members die, it would also be a heavy liability on club funds, and that a personal donation for a friend was a tribute to them.

Jim Shaw wrote asking permission to advertise the 'Forty Plus' in his locality at libraries etc. This was agreed to. Jim also stated he would like to see a lunch take place after the A.G.M.

The A.G.M. has been booked at Union Jack Club on January 31st 1987.

Treasurer's and Membership Secretary's Report.

Our balance is healthy, and there have been twenty-two new members.

Badge Competition

Only one design received, but one or two other ideas were muted at meeting. An enquiry had been made of cost of making a die and it would seem even a simple design would be in the regions of £150, which makes feasibility of same from an economic view unlikely. The committee were under the impression that the withdrawal of Tankards was an unpopular move, and it was suggested that at the A.G.M. a motion should be raised to re-instate presentations as before. It was thought that a referendum should be taken through 'Signpost', to get the general feeling of all club members before the A.G.M.

Any other business.

Bill Newman reported that he had bought a secondhand Gestetner Duplicator for £5, as stock for spares, but by replacing a few parts on the new acquisition has found this better than the original. It was agreed that Mary Cheesman should hold original one, which would then be available to the 'Signpost' printer should it be required. Bill feels an electric duplicator has built-in disadvantages.

Rose said a new Members List is now being typed by Eva. Eva feels the present typewriter is better for stencils than an electric one.

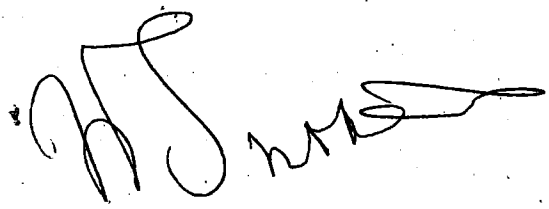
Date of the next Committee Meeting October 18th.

It was agreed that in future a Committee Meeting be held just before an A.G.M., and one just after A.G.M., keeping to four meetings a year.

Grace Gardner is now in St. Christopher's Hospice, Pawrie Park, S.E.26., visitors are welcome but not on Mondays.

Bill Turner read a letter he had received from Charlie Merrit, there were no comments.

Ernie Vesper had received a belated reply regarding 10 year presentation for George Hewitt from his son Doug asking presentation to be booktoken, it was agreed to send £10 voucher.



FORTY PLUS C. C.
COMMITTEE MEETING OCTOBER 18th 1986

Mr. W. Turner took the chair

July 5th minutes read.

Matters Arising

Regarding 80th Birthday presentation. General Secretary enquired from 73 members their opinion of re-introduction of Tankards 60 were in favour.

Membership and Treasurers Report

There had been 36 applications for membership since July 5th. Club finances are still satisfactory.

Any Other Business

It was passed 8 votes to 7 that W. Newman would print 250 Lists of Members Addresses, which will be available on request.

Bill Turner was holding ²⁴~~£23~~ for Motor Neurone Disease Research, and it was agreed the Club should add ^{£26}~~£27~~, and a cheque should be sent to Barts Research Trust, and Eve Engel would write to Grace to tell her.

|| E. Vesper brought a Motion for A.G.M. to re-introduce Tankards. ||


Re Election of President; Eve suggested Ted Groom and offered to broach the subject.

W. Moore and E. Vesper are standing down from Section Secretarialship from next A.G.M.

Eve Engel is arranging Epping Dinner for Dec 4th. Bill Moore said at two founder members would be attending the Welwyn Garden City dinner.

Rose Ford wished to pass a Vote of Thanks to J. Wright for the Headings and a Vote of Thanks was passed to Doug Brunwin for the '100'.

The date of the next Committee Meeting was fixed for January 10th.



FORTY PLUS CYCLING CLUB

RUNS FIXTURES FOR MAY, JUNE, JULY, 1986

All runs meet at the elevenses venues at 10.30 am and move off at 11 am, unless otherwise stated. Please carry packed lunch.

SUSSEX SECTION

SECRETARY - JIM TRENOWDEN

TUESDAYS

<u>ELEVENSES</u>	<u>LUNCH</u>
MAY 6 FIVE OAKS, LITTLE CHEF	FOREST GREEN
MAY 13 STORRINGTON, WILLOW	DRAGONS GREEN
MAY 20 COWFOLD CHALET	RUDGEWICK
MAY 27 DIAL POST	STAPLEFIELD
BASING COTTAGE	
JUNE 3 COWFOLD CHALET	E. CHILTINGTON
JUNE 10 HORSHAM, CAVALIER	HOLMBURY ST. MARY
JUNE 17 DIAL POST, BASING COTT	STAPLEFIELD
JUNE 24 TOAT (A29)	KIRDFORD
JULY 1 HORSHAM, CAVALIER	HOLMBURY ST. MARY
JULY 8 COWFOLD, CHALET	TURNERS HILL
JULY 15 HORSHAM, CAVALIER	RUDGEWICK
JULY 22 TOAT (A29)	TISIMANS COMMON
JULY 29 FIVE OAKS, LITTLE CHEF	NUTHURST, BLACK HORSE

FRIDAYS

MAY 2 cowfold, chalet	RUDGEWICK
MAY 9 HORSHAM, CAVALIER	STAPLEFIELD
MAY 16 DIAL POST, BASING COTT	FIVE OAKS
MAY 23 STORRINGTON, WILLOW	DRAGONS GREEN
MAY 30 HORSHAM, CAVALIER	RUDGEWICK
JUNE 6 TOAT (A29)	FOREST GREEN
JUNE 13 STORRINGTON, WILLOW	TISIMANS COMMON
JUNE 20 FIVE OAKS, LITTLE CHEF	NUTHURST, BULLS HEAD
JUNE 27 STORRINGTON, WILLOW	FOREST GREEN
JULY 4 TOAT (A29)	TISIMANS COMMON
JULY 11 DIAL POST, BASING COTT	COWFOLD, RED LION
JULY 18 COWFOLD, CHALET	STAPLEFIELD
JULY 25 STORRINGTON, WILLOW	DRAGONS GREEN

ST. ALBANS SECTION

LEADER P. HUTCHINS SECRETARY W. MOORE

MEET AT SIMMONDS CAFE, HATFIELD, 10.30 am, TUESDAYS

MAY 6 GADDESSEN ROW	PLOUGH
MAY 13 ARDELEY	JOLLY WAGGONERS
MAY 20 ST. PAULS WALDEN	STRATHMORE ARMS
MAY 27 HALLS GREEN	RISING SUN
JUNE 3 FLAMSTEAD	SPOTTED DOG
JUNE 10 BARWICK FORD	DUKE OF WELLINGTON
JUNE 17 PRESTON	RED LION
JUNE 24 GREAT MUNDEN	PLOUGH
JULY 1 BENINGTON	BELL (please note)
JULY 8 LEY GREEN	PLOUGH
JULY 15 RUSHDEN	MOON AND STARS
JULY 22 HAULTWICK	REST AND WELCOME
JULY 29 CADDINGTON	HARROW

THURSDAYS Informal meet. Sandridge, Green Man 10.30 am

EAST HERTS SECTIONSECRETARY BILL HILLMEET RIVERSIDE TEA ROOM, HERTFORD CASTLE THEATRE. 10.30 hrs.

MAY 6	ASTON	ROSE AND CROWN
MAY 13	ARDELEY	JOLLY WAGGONER ****
MAY 20	BRAUGHING	BROWN BEAR
MAY 27	HALLS GREEN	RISING SUN ****
JUNE 3	FURNEAUX PELHAM	STAR
JUNE 10	BARWICK FORD	DUKE OF WELLINGTON ****
JUNE 17	COTTERED	BULL
JUNE 24	GREAT MUNDEN	PLOUGH ****
JULY 1	BENINGTON	BELL (please note) ****
JULY 8	STANDON	STAR
JULY 15	RUSHDEN	MOON AND STARS ****
JULY 22	HAULTWICK	REST AND WELCOME ****
JULY 29	ASPENDEN	FOX

**** JOINT WITH ST. ALBANS SECTION

STEVENAGE AND NORTH HERTSSECRETARY BEN CROOKE

MAY 8	OLD HALL GREEN, GT MUNDEN	THE BAY HORSE
MAY 15	SUTTON NR POTTON	JOHN O'GAUNT
MAY 22	BARTON LE CLAY	THE CROWN
MAY 29	SANDON	SIX BELLS
JUNE 5	WESTMILL	SWORD IN HAND
JUNE 12	STANFORD NR CLIFTON	GREEN MAN
JUNE 19	COTTERED	THE BULL
JUNE 26	WHITWELL	EAGLE AND CHILD
JULY 3	SHILLINGTON	THE CROWN
JULY 10	WALLINGTON	THE PLOUGH
JULY 17	PRESTON	RED LION
JULY 24	CHIPPING NR BUNTINGFORD	TRAVELLERS REST
JULY 31	PIRTON	FOX

EASTERN SUNDAY RUNSSECRETARY EDDIE POMPHRETT

MAY 4	BANNISTER GREEN	THREE HORSESHOES	B
MAY 11	CHIGNALL ST JAMES	THREE ELMS	A
MAY 18	MOLEHILL GREEN	THREE HORSESHOES	B
MAY 25	LITTLE TOTHAM	THE SWAN	A
JUNE 1	BARDFIELD END GREEN	BUTCHERS ARMS	B
JUNE 8	WOODHAM WALTER	THE VICTORIA	A
JUNE 15	GOOD EASTER	THE STAR	B
JUNE 22	LITTLE BADDOW	GENERALS ARMS	A
JUNE 29	WHITE RODING	BLACK HORSE	B
JULY 6	BROADS GREEN	WALNUT TREE	A
JULY 13	HATFIELD BROAD OAK	DUKES HEAD	B
JULY 20	TERLING	RAYLEIGH ARMS	A
JULY 27	AYTHORPE RODING	AXE AND COMPASSES	B

A MEET KING GEORGES PLAYING FIELDS, BRENTWOOD
 B MEET CROSS KEYS CAFE, THORNWOOD COMMON

ELEVENSES 10.00 am DEPART 10.30 am

EASTERN & NORTHERN "A" SECTION
MEET THURSDAY 10.00 am
EXCEPT WHITE RODING 10.30 AM

SECRETARY JOHN SCRUTTON 551 1889
MOVE OFF 10.30 am
MOVE OFF 11.00 am

1986	<u>ELEVENSES</u>	<u>LUNCH</u>
MAY 1	NORTON HEATH	DUNMOW, CHEQUERS
MAY 8	THE BUTTERY, WHITE RODING	SANDON, STAR
MAY 15	NORTON HEATH	BANNISTER GREEN, 3 HORSESHOES
MAY 22	INGATESTONE CHURCH HALL	PURLEIGH, BELL
	NORTON ROAD	
MAY 29	NORTON HEATH	TERLING, RAYLEIGH ARMS
JUNE 5	WHITE RODING	RICKLING GREEN, CRICKETERS
JUNE 12	NORTON HEATH LEAVE 10.00 am	GT. SAMPFORD, BULL
JUNE 19	NORTON HEATH	GT. SALING, WHITE HART
JUNE 26	INGATESTONE to BEELEIGH ABBEY	HEYBRIDGE BASIN, SHIP
JULY 3	WHITE RODING	FURNEAUX PELHAM, STAR
JULY 10	NORTON HEATH	PATTISWICK GREEN, COMPASSES
JULY 17	CAR AND BIKE	
	11s& TEA COLNE VALLEY RAILWAY 2 MILES NORTH SIBLE HEDINGHAM (A604)	
	PARKING ARRANGED	
	LEAVE 10.30 am. EASY PACE 45 MILES. LUNCH ON NEXT RUNS LIST.	
JULY 24	INGATESTONE	GREAT TOTHAM, BULL
JULY 31	WHITE RODING	BARDFIELD END GREEN
		BUTCHERS ARMS

LUNCH AVAILABLE ON ALL RUNS

EASTERN AND NORTHERN B SECTION (THURSDAYS)
MEET 10.30 am CROSS KEYS CAFE, THORNWOOD COMMON

SECRETARY E. VESPER
DEPART 11.00am

MAY 1	WHITE RODING	BLACK HORSE*
MAY 8	MILL GREEN	VIPER*
MAY 15	GOOD EASTER	THE STAR*
MAY 22	HATFIELD BROAD OAK	THE DUKES HEAD*
MAY 29	BISHOPS GREEN	SPOTTED DOG?
JUNE 5	STONDON MASSEY	BRICKLAYERS ARMS*
JUNE 12	WILLINGALE	MALTSTERS*
JUNE 19	PERRY GREEN	THE HOOPS
JUNE 26	MASHBURY	THE FOX*
JULY 3	HATFIELD HEATH	THE STAG*
JULY 10	HIGH RODING	THE OLD LAMB?
JULY 17	GREEN TYE	PRINCE OF WALES*
JULY 24	GOOD EASTER	THE STAR*
JULY 31	WHITE RODING	BLACK HORSE*

NOTE JULY 22 REUNION HAULTWICK

REST AND WELCOME

SOUTH BEDFORDSHIRE SECTION

SECRETARY DORIS BAZELY
MEET 14 HAYHURST ROAD
PHONE LUTON, 533181
or 600376 TUESDAYS

MAY 6	STOKE HAMMOND	THE DOLPHIN
MAY 13	EVERSHOLT	THE GREEN MAN
MAY 20	SHEFFORD	THE SWAN
MAY 27	GUBBLINGTON	THE UNICORN
JUNE 3	SALFORD	THE SWAN
JUNE 10	STEPPINGLEY	DROVERS ARMS
JUNE 17	ST PAULS WALDEN	STRATHMORE ARMS
JUNE 24	STOKE HAMMOND	THE DOLPHIN
JULY 1	WINGRAVE	ROSE AND CROWN
JULY 8	OLD WARDEN	HARE AND HOUNDS
JULY 15	LITTLE HOEWOD	THE OLD CROWN
JULY 22	ASTON ABBOTTS	BULL AND BUTCHER
JULY 29	WOBURN	BIRCHMORE ARMS

SOUTHERN SECTION SUNDAYS
ELEVENSES

MAY 4 BIGGIN HILL, KINGS AIR CLUB
MAY 11 SEVENOAKS, ANN'S CAFE, MARKET PLACE
MAY 18 LULLINGSTONE, GOLF CLUB
MAY 25 OTFORD, LITTLE CHEF
JUNE 1 PROMENADE CAFE, GRAVESEND
JUNE 8 BIGGIN HILL, KINGS AIR CLUB
JUNE 15 FARNBOROUGH, LITTLE CHEF
JUNE 22 LULLINGSTONE, GOLF CLUB
JUNE 29 OTFORD, LITTLE CHEF
JULY 6 NELL'S CAFE, SINGLEWELL
JULY 13 BIGGIN HILL, KINGS AIR CLUB
JULY 20 SEVENOAKS, ANN'S CAFE, MARKET PLACE
JULY 27 LULLINGSTONE GOLF CLUB

MEET 10.30 am

SECRETARY JACK WYATT
LUNCH PLACES

MEMBERS CHOICE
STAR AND GARTER, CLAYGATE CROSS
BLACK HORSE, STANSTED
BAT AND BALL, LEIGH
ALL HALLOWS, BEACH PUB
MEMBERS CHOICE
FOX AND HOUNDS, TOYS HILL
RED LION, OFFHAM
WHEATSHEAF, BOUGH BEECH
ISLE OF GRAIN, LOCAL PUB
MEMBERS CHOICE
BAT AND BALL, LEIGH
NORTH POLE, EAST MALLING

MOVE OFF 11.00 am

SOUTHERN WEDNESDAY RUNS

MEET AT 10.30 am AT THE FOLLOWING PLACES

MAY 7 SINGLEWELL
MAY 14 FARNBOROUGH VILLAGE
MAY 21 WESTERHAM
MAY 28 WEST KINGSDOWN
JUNE 4 LULLINGSTONE
JUNE 11 FARNBOROUGH VILLAGE
JUNE 18 GRAVESEND
JUNE 25 WESTERHAM
JULY 2 WEST KINGSDOWN
JULY 9 LULLINGSTONE
JULY 16 FARNBOROUGH VILLAGE
JULY 23 SINGLEWELL
JULY 30 WESTERHAM

MEET 10.30 am, MOVE OFF 11.00am.

MR J. H. RAINBOW
196 WIDMORE ROAD
BROMLEY
KENT

BR1 2RH

TELEPHONE 01 460 2958

SECRETARY JOHN RAINBOW

NELL'S CAFE
BAKERY CAFE
BREAD BASKET
OASIS CAFE
GOLF CLUB
BAKERY CAFE
PROMENADE CAFE
BREAD BASKET
CLEARWAYS CAFE
GOLF CLUB
BAKERY CAFE
NELL'S CAFE
BREAD BASKET

SOUTHEAST SECTION THURSDAY RUNS

MAY 1 CAVE ON A130 E/W HANNINGFIELD
MAY 8 INGESTONE CHURCH HALL
NORTON ROAD
MAY 15 BROOMFIELD
MAY 22 WHITEHOUSE. CAFE ON A129
E/WICKFORD
MAY 29 MALDON. NR BUS STN
JUNE 5 BROOMFIELD
JUNE 12 HATFIELD PEVEREL
JUNE 19 HATFIELD PEVEREL
TRANSPORT CAFE
JUNE 26 LACHINGDON TRANSPORT CAFE
JULY 3 ? ? ? ? ?
JULY 10 MALDON
JULY 17 SEE EASTERN & NORTHERN A SECTION FOR CAR & BIKE RUN
JULY 24 MALDON
JULY 31 BROOMFIELD

SECRETARY RON KELLY 204942

HAZELEIGH, ROYAL OAK
SANDON, THE STAR
BANNISTER GREEN, 3 HORSESHOES
PURLEIGH, THE BELL
TERLING, RAYLEIGH ARMS
RICKLING GREEN, CRICKETERS
GT. SAMFORD, THE BULL
GT. SALING, WHITE HART
MEYBRIDGE BASIN, THE SHIP
PATTISWICK GREEN, COMPASSES
GT. TOTHAM, THE BULL
BARFIELD END GREEN,
BUTCHERS ARMS

TUESDAYS AT THE BLACK HORSE, PASLOW COMMON

NORTHERN SECTION SUNDAYSCHRIS AND MARY CHEESMAN

ALL RUNS TO MEET AT HOBBS CROSS COTTAGE, HARLOW. (MAP REF 492103)

10.30 AM UNLESS OTHERWISE STATED. REFRESHMENTS AVAILABLE.

MAY 11	GREAT HORMEAD	THREE TUNS	403300
MAY 25	RANKS GREEN	PRETTY LADY	750180
JUNE 8	CTC VETS TRIENNIAL		
JUNE 22	WICKEN BONHUNT	WAGON AND HORSES	498333
JULY 6	CAR ASSISTED. DETAILS TO FOLLOW	DEPART 10.00 am	
JULY 20	ARDELEY (DEPART 10.30 am)	JOLLY WAGGONNER	309272

POTTERERS MEETS MAY, JUNE, JULY 198640+ MEMBERS WELCOMEWEEKDAYS

THURSDAY MAY 8 ADMIRAL RODNEY
HOATH

WEDNESDAY JUNE 11 THE BULL INN
FAVERSHAM

THURSDAY JULY 10 THE GRIFFINS HEAD
CHILLENDEEN

SUNDAYS

MAY 18 THREE HORSESHOES
STAPLE STREET

JUNE 29 ADMIRAL RODNEY
HOATH

JULY 27 THE ALMA
PAINTERS FORSTAL

EVERY EFFORT WILL BE MADE TO ADHERE TO THESE OFFICIAL MEETS: ANY CHANGES
TO BE ADVISED IN POTTERING AROUND. IF IN DOUBT RING :-
TED UPTON . SITT.79644 OR TED HARRISON. CHESTFIELD 2100
PLEASE GIVE US YOUR SUPPORT. E.T.A. at Venue 12.00 or 1300 hrs.

PLEASE NOTE: ANNUAL REUNION TUESDAY JULY 22 HAULTWICK. REST AND WELCOME

FORTY PLUS CYCLING CLUB

RUNS FIXTURES FOR NOVEMBER, DECEMBER, JANUARY 1986

All runs meet at the elevenses venues at 10.30 am and move off at 11 am, unless otherwise stated. Please carry packed lunch.

<u>SUNDAYS</u>	<u>SUSSEX SECTION</u> <u>ELEVENSES</u>	<u>SECRETARY JIM TRENOWDEN</u> <u>LUNCH PLACES</u>
NOV 10	HANDCROSS SWEET SHOP	BUCKS GREEN THE FOX
NOV 24	FIVE OAKS LITTLE CHEF	NUTHURST. BLACK HORSE
DEC 8	TOAT CAFE	BUCKS GREEN. THE FOX
DEC 22	HANDCROSS SWEET SHOP	E. CHILLINGTON. JOLLY SPORTSMAN
JAN 5	BROADBRIDGE HEATH	HANDCROSS SWEET SHOP
	HAPPY EATER	
JAN 19	DIAL POST. BASING COTTAGE	FIVE OAKS. LITTLE CHEF
<u>TUESDAYS</u>		
NOV 5	HORSHAM CAVALIER	RUDGEWICK. KINGS HEAD
NOV 12	COWFOLD CHALET	DRAGONS GREEN. GEORGE & DRAGON
NOV 19	PULBOROUGH. HUNGERS END	FIVE OAKS. FIVE OAKS INN
NOV 26	COWFOLD CHALET	STAPLEFIELD. JOLLY FARMER
DEC 3	HORSHAM CAVALIER	HANDCROSS. FOUNTAIN
DEC 10	STORRINGTON WILLOW	TISIMANS COMMON. MUCKY DUCK
DEC 17	TOAT CAFE	BUCKS GREEN. THE FOX
DEC 24	DIAL POST. BASING	FIVE OAKS. FIVE OAKS INN
DEC 31	STORRINGTON WILLOW	DRAGONS GREEN. GEORGE & DRAGON
JAN 7	COWFOLD CHALET	FAYGATE. HOLMBUSH
JAN 14	HORSHAM CAVALIER	RUDGEWICK. KINGS HEAD
JAN 21	TOAT CAFE	BUCKS GREEN. THE FOX
JAN 28	HORSHAM CAVALIER	RUDGEWICK. KINGS HEAD
<u>FRIDAYS</u>		
NOV 1	DIAL POST. BASING	COWFOLD. RED LION
NOV 8	STORRINGTON WILLOW	FIVE OAKS INN
NOV 15	HORSHAM CAVALIER	HANDCROSS FOUNTAIN
NOV 22	TOAT CAFE	TISIMANS COMMON. MUCKY DUCK
NOV 29	PULBOROUGH HUNGERS END	DRAGONS GREEN. GEORGE & DRAGON
DEC 6	COWFOLD CHALET	STAPLEFIELD. JOLLY FARMER
DEC 13	STORRINGTON WILLOW	TISIMANS COMMON. MUCKY DUCK
DEC 20	DIAL POST. BASING	RUDGEWICK. KINGS HEAD
DEC 27	COWFOLD CHALET	RUSPER. THE STAR
JAN 3	FIVE OAKS. LITTLE CHEF	EWEHURST. BULLS HEAD
JAN 10	PULBOROUGH. HUNGERS END	PLAISTOW. THE SUN
JAN 17	COWFOLD CHALET	STAPLEFIELD. JOLLY FARMER
JAN 24	DIAL POST. BASING	COWFOLD. RED LION
JAN 31	COWFOLD CHALET	EWEHURST. THE BULL

ST. ALBANS

RUNS SECRETARY - BILL MOORE
RUNS LEADER - PETER HUTCHINS

MEET AT SIMMONDS CAFE. HATFIELD. TUESDAYS 10.30 am

	<u>LUNCH PLACES</u>
NOV 5	SPOTTED DOG
NOV 12	RED LION
NOV 19	THE FLOUGH
NOV 26	STRATHMORE ARMS
DEC 3	DUKE OF WELLINGTON
DEC 10	INN ON THE GREEN
DEC 17	CRICKETERS
DEC 24	
DEC 31	FIVE HORSESHOES
1986	
JAN 7	WAGGON & HORSES
JAN 14	GREEN MAN
JAN 21	ROBIN HOOD & LITTLE JOHN
JAN 28	JOHN BUNYAN

THURSDAYS INFORMAL. MEET SANDRIDGE, GREEN MAN 10.30 am.

NORTHERN SECTION SUNDAYS
 MEET AT HOBBS CROSS COTTAGE, HARLOW (492103)
 10.30 am REFRESHMENTS AVAILABLE

CHRIS AND MARY CHEESMAN

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NOV 10	MANUDEN	YEW TREE	492268
NOV 24	AYTHORPE RODING	AXE & COMPASS	593154
DEC 8	STANDON	THE STAR	390228
DEC 15	ALLENS GREEN	QUEENS HEAD	454168
DEC 29	MAGDALEN LAVER	GREEN MAN	508074
1986			
JAN 19	WHITE RODING	BLACK HORSE	563136

EAST HERTS SECTION
 MEET AT HERTFORD CASTLE RIVERSIDE TEA ROOM 10.30 am

SECRETARY BILL HILL

NOV 5	STANDON	THE STAR
NOV 12	ASTON	ROSE AND CROWN
NOV 19	GREAT MUNDEN	THE PLOUGH****
NOV 26	COLLIERS END	LAMB AND FLAG
DEC 3	BARWICK FORD	DUKE OF WELLINGTON****
DEC 10	HAULTWICK	REST AND WELCOME
DEC 17	BENINGTON	CRICKETERS****
DEC 24	BRICKENDEN GREEN	FARMERS BOY
DEC 31	LITTLE BERKS	FIVE HORSESHOES****
1986		
JAN 7	WATTON-AT-STONE	WAGON AND HORSES****
JAN 14	HAULTWICK	REST AND WELCOME
JAN 21	DATCHWORTH	INN ON THE GREEN
JAN 28	STANDON	THE STAR

***** JOINT WITH ST ALBANS SECTION

STEVENAGE AND NORTH HERTS
 LUNCH PLACES

NOV 7	GREAT HORMEAD	THREE TUNS
NOV 14	ASTON	ROSE AND CROWN
NOV 21	FURNEAUX PELHAM	THE STAR
NOV 28	COTTERED	THE BULL
DEC 5	WESTON	THATCHED HOUSE
DEC 12	WATTON	WAGON AND HORSES
DEC 19	PUCKERIDGE	WHITE HART
DEC 26	ST PAULS WALDEN	STRATHMORE ARMS
1986		
JAN 2	GREAT MUNDEN	THE PLOUGH
JAN 9	WHITWELL	EAGLE AND CHILD
JAN 16	COLLIERS END	LAMB AND FLAG
JAN 23	PRESTON	RED LION
JAN 30	ARDELEY	JOLLY WAGONER

SOUTHEND THURSDAY SECTION

SECRETARY RON KELLY

	<u>ELEVENSES</u>	<u>LUNCH</u>	
NOV 7	NORTON HEATH	WHITE RODING	BLACK HORSE
NOV 14	S. WOODHAM FERRERS	TILLINGHAM	CAP & FEATHERS
NOV 21	WHITE HOUSE CAFE A129	MARGARETTING TYE	WHITE HART
NOV 28	BROOMFIELD	TERLING	RAYLEIGH ARMS
DEC 5	CHRISTMAS LUNCH (town car park at rear)	LA TAVERNA, HIGH STREET, EPPING	
DEC 12	MALDON	LITTLE BADDOW	GENERALS ARMS
DEC 19	INGATESTONE CHURCH HALL	DOWNHAM	DE BEAVOIR ARMS

HAPPY NEW YEAR

1986			
JAN 2	STOCK CHURCH HALL	WILLINGALE	THE MALTSTERS ARMS
JAN 9	HATFIELD PEVERIL	TERLING	RAYLEIGH ARMS
JAN 16	INGATESTONE CHURCH HALL	EAST HANNINGFIELD	THE WINDMILL
JAN 23	LATCHINGTON TRSPT CAFE	LITTLE TOTHAM	THE SWAN
JAN 30	BROOMFIELD	GOOD EASTER	THE STAR

EASTERN SUNDAY SECTIONSECRETARY EDDIE POMPHRETTMEET 10.30 am

A KING GEORGES PLAYING FIELDS BRENTWOOD
 B CROSS KEYS CAFE THORNWOOD COMMON

NOV 3 GOOD EASTER
 NOV 10 MATCHING TYE
 NOV 17 HATFIELD BROAD OAK
 NOV 24 MILL GREEN
 DEC 1 HATFIELD HEATH
 DEC 8 RADLEY GREEN
 DEC 15 WILLINGALE
 DEC 22 WHITE RODING
 DEC 29 MARGARETTUBG TYE

THE STAR B
 THE FOX A
 DUKES HEAD B
 THE VIPER A
 THE STAG B
 THATCHERS ARMS A
 MALTSTERS ARMS A
 BLACK HORSE B
 WHITE HART A

1986

JAN 5 GOOD EASTER
 JAN 12 AYTHORPE RODING
 JAN 19 MILL GREEN
 JAN 26 GOOD EASTER

THE STAR B
 AXE & COMPASS B
 THE VIPER A
 THE STAR B

EASTERN & NORTHERN B SECTION THURSDAYS SECRETARY E. VESPERMEET 10.30 am CROSS KEYS CAFE, THORNWOOD COMMON. DEP. 11.00 am

NOV 7 STONDON MASSEY
 NOV 14 MATCHING TYE
 NOV 21 RADLEY GREEN
 NOV 28 AYTHORPE RODING
 DEC 5 MAGDALEN LAVER
 DEC 12 GREEN TYE
 DEC 19 GOOD EASTER
 DEC 26 BLACKMORE

BRICKLAYERS ARMS
 THE FOX *
 THATCHERS ARMS *
 AXE & COMPASS *
 GREEN MAN
 PRINCE OF WALES *
 THE STAR *
 THE BULL *

1986

JAN 2 WHITE RODING
 JAN 9 HATFIELD HEATH
 JAN 16 ALLENS GREEN
 JAN 23 WILLINGALE
 JAN 30 GOOD EASTER

BLACK HORSE *
 THE STAG *
 QUEENS HEAD
 MALTSTERS ARMS
 THE STAR *

* LUNCH AVAILABLE

LUTON & DUNSTABLE SECTIONMEET AT 14 HAYHURST RD.TUESDAYS 10.00 amSECRETARY DORIS BAZELYPHONE 583181 or 600376

NOV 5 EVERSOLT
 NOV 12 STOKE HAMMOND
 NOV 19 SALFORD NR WOBURN SANDS
 NOV 26 ST PAULS WALDEN
 DEC 3 ASTON ABBOTT
 DEC 10 WOBURN
 DEC 17 EVERSOLT

GREEN MAN
 THE DOLPHIN
 THE SWAN
 STRATHMORE ARMS
 BULL & BUTCHER
 BIRCHMORE ARMS
 GREEN MAN

CHRISTMAS LUNCH
 DEC 24 GADDESSEN ROW
 DEC 31 GOSMORE

THE PLOUGH
 BIRD IN HAND

1986

JAN 7 SHEFFORD
 JAN 14 WINGRAVE
 JAN 21 STOKE HAMMOND
 JAN 28 STEPPINGLEY

WHITE SWAN
 ROSE & CROWN
 THE DOLPHIN
 DROVERS ARMS

EASTERN & NORTHERN "A" SECTION THURSDAY SECRETARY JOHN SCRUTTON
MEET FOR ELEVENSES 10.30 am move off 11.00am

<u>1985</u>	<u>ELEVENSES</u>	<u>LUNCH</u>
NOV 7	NORTON HEATH	WHITE RODING BLACK HORSE STEAK AND KIDNEY LUNCH
BOOK WITH RUNS SECRETARY		
NOV 14	CROSS KEYS CAFE	LT. HALLINGBURY SUTTON ARMS
NOV 21	CHURCH HALL, NORTON RD	MARGARETTING TYE WHITE HART
	INGATESTONE	
NOV 28	CROSS KEYS	SAWBRIDGEWORTH THREE HORSESHOES
DEC 5	CHRISTMAS LUNCH	LA TAVERNA, HIGH ST., EPPING (TOWN CAR PARK AT REAR)
		AYTHORPE RODING AXE & COMPASSES
DEC 12	NORTON HEATH	DOWNHAM DE BEAVOIR ARMS
DEC 19	INGATESTONE	
DEC 26	BOXING DAY IMPROMPTU	
<u>1986</u>		
JAN 2	CROSS KEYS	WILLINGALE THE MALTSTERS
JAN 9	NORTON HEATH	THRESHERS BUSH JOHN BARLEYCORN
JAN 16	INGATESTONE	E. HANNINGFIELD THE WINDMILL
JAN 23	CROSS KEYS	CHURCHGATE STREET QUEEN'S HEAD
JAN 30	NORTON HEATH	GOOD EASTER THE STAR

LUNCH AVAILABLE ON ALL RUNS

SOUTHERN SUNDAY SECTION

ELEVENSES

NOV 3	LITTLE CHEF. FARNBORO
NOV 10	LITTLE CHEF. OTFORD
NOV 17	LITTLE CHEF. FARNBORO
NOV 24	NELLS CAFE. SINGLEWELL
DEC 1	LITTLE CHEF. OTFORD
DEC 8	GOLF CLUB. LULLINGSTONE
DEC 15	LITTLE CHEF. FARNBORO
DEC 22	NELLS CAFE. SINGLEWELL
DEC "(LITTLE CHEF. OTFORD

1986

JAN 5	GOLF CLUB. LULLINGSTONE
JAN 12	LITTLE CHEF. FARNBORO
JAN 19	NELLS CAFE. SINGLEWELL
JAN 26	LITTLE CHEF. OTFORD

SECRETARY JACK WYATT

LUNCH PLACES

THE BULL.	BRASTED
STAR & GARTER	CLAYGATE CROSS
HEAVERHAM.	THE CHEQUERS
STANSTED	BLACK HORSE
STONE STREET	ROSE AND CROWN
CLAYGATE CROSS	STAR AND GARTER
TOYS HILL	FOX AND HOUNDS
CLIFFE	THE BULL
UNDERRIVER	WHITE ROCK

TWITTON	RISING SUN
BRASTED	THE BULL
ROCHESTER	LOCAL PUB
STONE STREET	ROSE AND CROWN

SOUTHERN SECTION WEDNESDAYS

NOV 6	BIGGIN HILL
NOV 13	POLL HILL
NOV 20	LULLINGSTONE
NOV 27	FARNBORO VILLAGE
DEC 4	GREEN STREET GREEN, DARTFORD
DEC 11	WEST KINGSDOWN
DEC 18	POLL HILL
DEC 25	CHRISTMAS DAY. NO RUN

1986

JAN 1	BADGERS MOUNT
JAN 8	WEST KINGSDOWN
JAN 15	LULLINGSTONE
JAN 22	FARNBORO VILLAGE
JAN 29	POLL HILL

SECRETARY JACK WYATT

FLYING CLUB CAFE
THE RETREAT CAFE
GOLF CLUB CAFE
BAKERY CAFE
THE GREEN CAFE
OASIS CAFE
THE RETREAT CAFE

BADGERS CAFE
CLEARWAYS CAFE
GOLF CLUB CAFE
BAKERY CAFE
THE RETREAT CAFE

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FORTY PLUS CYCLING CLUB

RUNS FIXTURES FOR AUGUST, SEPTEMBER, OCTOBER 1986

All runs meet at the elevenses venues at 10.30 am and move off at 11 am, unless otherwise stated. Please carry packed lunch.

	<u>SUSSEX SECTION</u>	<u>SECRETARY - JIM TRENOWDEN</u>
<u>TUESDAYS</u>	<u>ELEVENSES</u>	<u>LUNCH</u>
AUG 5	COWFOLD CHALET	RUDGEWICK
AUG 12	HORSHAM CAVALIER	HOLMBURY ST MARY
AUG 19	DIAL POST - BASING	FIVE OAKS
AUG 26	HORSHAM CAVALIER	HANDCROSS
SEP 2	TOAT (A29)	TISIMANS COMMON
SEP 9	COWFOLD CHALET	STAPLEFIELD
SEP 16	PULBOROUGH, HUNGERS END	DRAGONS GREEN
SEP 23	COWFOLD CHALET	RUSPER
SEP 30	TOAT (A29)	TISIMANS COMMON
OCT 7	COWFOLD CHALET	STAPLEFIELD
OCT 14	HORSHAM CAVALIER	RUDGEWICK
OCT 21	DIAL POST - BASING	NUTHURST
OCT 28	TOAT (A29)	TISIMANS COMMON
<u>FRIDAYS</u>		
AUG 1	FIVE OAKS, LITTLE CHEF	KIRDFORD
AUG 8	HORSHAM CAVALIER	HOLMBURY ST MARY
AUG 15	STORRINGTON, WILLOW	DRAGONS GREEN
AUG 22	TOAT (A29)	KIRDFORD
AUG 29	STORRINGTON, WILLOW	DRAGONS GREEN
SEP 5	DIAL POST, BASING	FIVE OAKS
SEP 12	HANDCROSS (SWEET SHOP)	RUSPER
SEP 19	HORSHAM CAVALIER	RUDGEWICK
SEP 26	DIAL POST, BASING	FIVE OAKS
OCT 3	FIVE OAKS, LITTLE CHEF	TISIMANS COMMON
OCT 10	STORRINGTON, WILLOW	DRAGONS GREEN
OCT 17	COWFOLD CHALET	STAPLEFIELD
OCT 24	DIAL POST, BASING	COWFOLD
OCT 31	HANDCROSS (SWEET SHOP)	RUSPER

ST ALBANS SECTION

LEADER P. HUTCHINS
SECRETARY W. MOORE

MEET AT SIMMONDS CAFE, HATFIELD, 10.30AM TUESDAYS

AUG 5	COTTERED	BULL
AUG 12	PRESTON	RED LION
AUG 19	GADDESSEN ROW	PLOUGH
AUG 26	ARDELEY	JOLLY WAGGONER
SEP 2	GREAT WYMONDLEY	GREEN MAN
SEP 9	RUSHDEN	MOON AND STARS
SEP 16	LEY GREEN	PLOUGH
SEP 25	CADDINGTON	HARROW
SEP 30	HAULTWICK	REST AND WELCOME
OCT 7	ST PAULS WALDEN	STRATHMORE ARMS
OCT 14	HALLS GREEN	RISEING SUN
OCT 21	BENINGTON	CRICKETERS
OCT 28	ST ALBANS SECTION LUNCHEON. DETAILS TO FOLLOW.	

THURSDAYS INFORMAL . Meet SANDRIDGE, Green Man 10.30 hrs.

EAST HERTS SECTIONSECRETARY BILL HILLMEET RIVERSIDE TEA ROOM, HERTFORD CASTLE THEATRE, 10.30 hrs

AUG 5	COTTERED	THE BULL****
AUG 12	FURNEAUX PELHAM	THE STAR
AUG 19	ASPENDEN	THE FOX
AUG 26	ARDELEY	JOLLY WAGGONER ****
SEP 2	BRAUGHING	BROWN BEAR
SEP 9	RUSHDEN	MOON AND STARS ****
SEP 16	BENINGTON	THE BELL
SEP 23	STANDON	THE STAR
SEP 30	HAULTWICK	REST AND WELCOME ****
OCT 7	BARWICK FORD	DUKE OF WELLINGTON
OCT 14	HALLS GREEN	RISEING SUN ****
OCT 21	BENINGTON	CRICKETERS ****
OCT 28	SECTION LUNCH ****	

**** JOINT WITH ST ALBANS SECTION

NOTE: WE ARE NO LONGER ALLOWED OWN FOOD AT ROSE AND CROWN, ASTON.

STEVENAGE AND NORTH HERTSSECRETARY BEN CROOKE

AUG 7	WALLINGTON	THE PLOUGH
AUG 14	UPPER GRAVENHURST	THE GREEN DRAGON
AUG 21	STANFORD nr CLIFTON	THE GREEN MAN
AUG 28	EYEWORTH(Ashwell 4m SE)	OLNEY ARMS
SEP 4	WHITWELL	EAGLE AND CHILD
SEP 11	SANDON	SIX BELLS
SEP 18	PIRTON	THE FOX
SEP 25	ASHWELL	ROSE AND CROWN
OCT 2	PRESTON	RED LION
OCT 9	WESTMILL	SWORD IN HAND
OCT 16	UPPER GRAVENHURST	THE GREEN DRAGON
OCT 23	WHITWELL	EAGLE AND CHILD
OCT 30	COTTERED	THE BULL

EASTERN SUNDAY SECTIONSECRETARY ERNIE VESPER

MEET (A) KING GEORGES PLAYING FIELDS, BRENTWOOD

(B) CROSS KEYS CAFE, THORNWOOD COMMON

DEPART 11.00 am (EXCEPT - DEPART 10.30 am)

AUG 3	CHIGNALL ST JAMES	THREE ELMS	(A)	
AUG 10	BARDFIELD END GREEN	BUTCHERS ARMS	(B)	Ø
AUG 17	MARGARETTING TYE	WHITE HART	(A)	
AUG 24	MOLEHILL GREEN	THREE HORSESHOES	(B)	
AUG 31	LITTLE BADDOW	GENERALS ARMS	(A)	Ø
SEP 7	AYTHORPE RODING	AXE AND COMPASSES	(B)	
SEP 14	TERLING	RAYLEIGH ARMS	(A)	Ø
SEP 21	GOOD EASTER	THE STAR	(B)	
SEP 28	WILLINGALE	MALTSTERS	(A)	
OCT 5	FELSTEAD	YEW TREE	(B)	Ø
OCT 12	CHIGNALL SMEALY	PIG AND WHISLE	(A)	
OCT 19	HIGH ONGAR	FORESTERS ARMS	(B)	
OCT 26	MILL GREEN	THE VIPER	(A)	

EASTERN AND NORTHERN B SECTION SECRETARY ERNIE VESPER
THURSDAYS. MEET AT CROSS KEYS CAFE, THORNWOOD COMMON. 10.30 for 11.00 am

AUG 7	FYFIELD	QUEENS HEAD *
AUG 14	PERRY GREEN	HOOPS *
AUG 21	GOOD EASTER	THE STAR *
AUG 28	HATFIELD BROAD OAK	DUKES HEAD *
SEP 4	MASHEURY	THE FOX*
SEP 11	BISHOPS GREEN	SPOTTED DOG
SEP 18	MILL GREEN	THE VIPER*
SEP 25	GREEN TYE	PRINCE OF WALES*
OCT 2	HIGH RODING	THE OLD LAMB *
OCT 9	WHITE RODING	BLACK HORSE *
OCT 16	PERRY GREEN	HOOPS*
OCT 23	FYFIELD	QUEENS HEAD *
OCT 30	GOOD EASTER	THE STAR *

* FOOD AVAILABLE

SOUTH BEDFORDSHIRE SECTION SECRETARY DORIS BAZELY
PHONE 583181 or 600376 LUTON MEET 14 HAYHURST RD

AUG 5	STOKE HAMMOND	THE DOLPHIN
AUG 12	CLOPHILL	THE STONE JUG
AUG 19	SALFORD nr WOBURN SANDS	THE SWAN
AUG 26	SHEFFORD	THE SWAN
SEP 2	EVERSHOLT	THE GREEN MAN
SEP 9	ST PAULS WALDEN	STRATHMORE ARMS
SEP 16	WINGRAVE	ROSE AND CROWN
SEP 23	WOBURN	BIRCHMORE ARMS
SEP 30	PIRTON	THE FOX
OCT 7	STOKE HAMMOND	THE DOLPHIN
OCT 14	GRAVENHURST	THE GREEN DRAGON
OCT 21	STEPPINGLEY	DROVERS ARMS
OCT 28	LOWER STONDON	TWIST AND CHEESE

EASTERN AND NORTHERN SECTION SECRETARY JOHN SCRUTTON 551 1889
MEET THURSDAY 10.00 am MOVE OFF 10.30 am
EXCEPT WHITE ROSING 10.30 am MOVE OFF 11.00 am

AUG 7	NORTON HEATH	BEAZLEY END, THE FOX
AUG 14	INGATESTONE CHURCH HALL	FAMBRIDGE, FERRY BOAT INN
	NORTON ROAD	
AUG 21	CAR & BIKE, THE CHILTERNS AREA	
	MEET 2WESTWOOD RD, MARLOW, BUCKS. (JIM SHAW) II's & TEA	
	10.00am. MOVE OFF 10.30 am	DETAILS IN SIGNPOST
ALTERNATIVE RIDE. MEET NORTON HEATH		FELSTEAD, THE YEW TREE
AUG 28	THE BUTTERY, WHITE RODING	BRAUGHING, THE BROWN BEAR
SEP 4	NORTON HEATH	RANKS GREEN, PRETTY LADY
SEP 11	INGATESTONE	GREAT TOTHAM, THE BULL
SEP 18	NORTON HEATH	MILL END GREEN (NR GT EASTON) GREEN MAN
SEP 25	NORTON HEATH	SAUSAGE AND MASH LUNCH
		FULLER ST, SQUARE & COMPASSES
	BOOK WITH RUNS SECRETARY £1.90	
OCT 2	WHITE RODING	BARWICK FORD, DUKE OF WELLINGTON
OCT 9	NORTON HEATH	BISHOPS GREEN, SPOTTED DOG
OCT 16	INGATESTONE	DANBURY, THE CRICKETERS
OCT 23	NORTON HEATH	PLESHEY, THE LEATHER BOTTLE
OCT 30	WHITE RODING	THE STAR, GOOD EASTER
CAR AND BIKE JULY 17	LUNCH WILL BE AT THE BUSH, SHIMPLING STREET	
	4 MILES N OF LONG MELFORD	

LUNCH AVAILABLE ON ALL RUNS

SOUTHERN WEDNESDAY RUNS

AUG 6 RIVERSIDE CAFE
 AUG 13 CLEARWAYS CAFE
 AUG 20 BREAD BASKET
 AUG 27 PROMENADE CAFE
 SEP 3 BAKERY CAFE
 SEP 10 OASIS CAFE
 SEP 17 RETREAT CAFE
 SEP 24 BREAD BASKET
 OCT 1 GOLF CAFE
 OCT 8 BAKERY CAFE
 OCT 15 CLEARWAYS CAFE
 OCT 22 BREAD BASKET
 OCT 29 LITTLE CHEF
 MEET AT 10.30 am MOVE OFF 11.00am

SECRETARY JOHN RAINBOW

EYNSFORD
 WEST KINGSDOWN
 WESTERHAM
 GRAVESEND
 FARNBOROUGH VILLAGE
 WEST KINGSDOWN
 POLL HILL
 WESTERHAM
 LULLINGSTONE
 FARNBOROUGH VILLAGE
 WEST KINGSDOWN
 WESTERHAM
 OTFORD

4

there will be one additional train assisted run to HASTINGS on TUESDAY, JULY 29th.
 MEET AT ORPINGTON STATION AT 8.50 am. CONTACT J. RAINBOW FOR FURTHER DETAILS.

MR. J.H.RAINBOW, 196 WIDMORE ROAD, BROMLEY, KENT. BR1 2RH TEL 01 460 2958

SOUTHERN SUNDAY SECTIONSECRETARY JACK WYATTELEVENSES

AUG 3 FARNBOROUGH, LITTLE CHEF
 AUG 10 NELLS CAFE, SINGLEWELL
 AUG 17 OTFORD, LITTLE CHEF
 AUG 24 LULLINGSTONE, GOLF COURSE
 AUG 31 BIGGIN HILL, KINGS AIR CLUB
 SEP 7 SEVENOAKS, ANNS CAFE
 SEP 14 FARNBOROUGH, LITTLE CHEF
 SEP 21 LULLINGSTONE, GOLF COURSE
 SEP 28 OTFORD, LITTLE CHEF
 OCT 5 NELLS CAFE, SINGLEWELL
 OCT 12 BIGGIN HILL AIR CLUB
 OCT 19 FARNBOROUGH, LITTLE CHEF
 OCT 26 LULLINGSTONE, GOLF COURSE
 MEET 10.30 am MOVE OFF 11.00am.

LUNCH

"BIRTHDAY RIDES WEEK"
 AYLESFORD. PUB CHOICE
 CLAYGATE CROSS, STAR & GARTER
 HOBSONS CHOICE
 OLD EDEN, EDENBRIDGE (garden lunch)
 BAT & BALL, LEIGH
 TOYS HILL, FOX AND HOUNDS
 RED LION, OFFHAM
 WHEATSHEAF, BOUGH BEECH
 BLACK HORSE, STANSTED
 MEMBERS CHOICE
 THE BULL, BRASTED
 STAR & GARTER, CLAYGATE CROSS

SOUTHEAST SECTIONSECRETARY RON KELLY

AUG 7 WITHAM TRANSPORT CAFE
 AUG 14 INGATESTONE
 AUG 21 MALDON
 AUG 28 ?
 SEP 4 E.WICKFORD A129
 WHITE HOUSE CAFE
 SEP 11 MALDON
 SEP 18 BROOMFIELD
 SEP 25 GT BADDOW
 OCT 2 LATCHINGTON TRSPT CAFE
 OCT 9 BROOMFIELD
 OCT 16 ??????
 OCT 23 INGATESTONE
 OCT 30 INGATESTONE,

BEAZLEY END, THE FOX
 NTH FAMBRIDGE, FERRY BOAT INN
 FELSTEAD, YEW TREE
 ????
 MARGARETTING TYE, WHITE HART
 GT. TOTHAM, THE BULL
 MILL END GREEN, NR GT EASTON, GREEN MAN
 FULLER ST, SQUARE AND COMPASSES
 CAP AND FEATHERS
 BISHOPS GREEN, SPOTTED DOG
 DANBURY, THE CRICKETERS
 PLESHEY, LEATHER BOTTLE
 GOOD EASTER, THE STAR

POTTERERS MEETS.

OR

TED UPTON SITT 79644

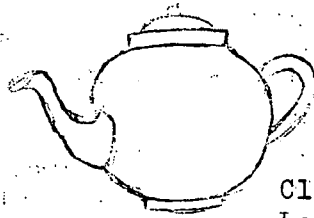
AUG 13 WED NEWNHAM
 AUG 31 SUN BEKESBOURNE HILL
 SEP 11 THUR LITTLEBOURNE
 SEP 28 SUN STAPLE STREET
 OCT 8 WED PAINTERS FORSTAL
 OCT 26 SUN A.G.M. FAVERSHAM,

TED HARRISON CHESTFIELD 2100
 THE GEORGE
 THE UNICORN
 THE EVENHILL HOUSE
 THE THREE HORSESHOES
 THE ALMA
 THE BULL INN

E.T.A. 1200 or 1300 hrs

? M.D. 1986.

A LIST OF EATING PLACES



BEDFORDSHIRE

Bedford river bank (sk)
Henlow Corner Cafe'
Luton, 21 Manchester Road (Grill)
Woburn, 2 Leighton Street (10-5) Annies

Clophill, 1 mile N on A6 (all day)
Leighton Buzzard, 24 Leighton Road, Wine Bar
Milton Earnest, A6 Strawberry Tea Shop
Woburn Sands, A50, Kennedy's Garden Centre (sk)
9-5

BERKSHIRE

Hungerford, bridge, south side
Windsor, by castle ABC

Lwr Basildon, Reading Rd. Cottage Tea Rooms (sk)
Winnersh N of bridge over A329(M) 'Dinton' (sk)

BUCKINGHAMSHIRE

Aldbury, centre (sk)
Chesham, A416/B485 White Owl (S am)
Jordan Old Jordans Meetinghouse (S)
Mentmore Park, Stables Craft Centre (S) (sk)
Wendover A413/A4074 Landon Cafe'
Amersham A413 Fred's Broadway Cafe' (S) (sk)
Dagnall Village Shop (S)
Marlow 'Marlow's' Spital Street (\$)
Princes Risborough, Duke Street, Pepperpot

CAMBRIDGESHIRE

Pampisford A505 near Duxford, Groundhog Cafe'

ESSEX

Abbees Roding Craft Shop
Battlesbridge in Antique Market (S)
Blake Hall House (from Easter, close 4pm)
Brentwood Old House, Wilson's Corner (S)
Epping, Crusty Loaf
Hanningfield A130 (be early)
Hatfield Heath Coffee Shop
Leaden Roding (M-F) a.m.
Maldon, near bus station
Norton Heath (M-F close 4 p.m.)
Sawbridgeworth Baker's Shop, Bell St. (\$)
Thornwood Common, Cross Keys Transport
White Roding Garden Centre, Buttery (S)
Abridge, Log Cabin (\$)
Billerica Lake Meadows (summer)
S)
Brentwood, King Georges Playing Fields (S, sk)
Chelmsford, Bus Station
Great Baddow, 2 cafes (\$) (S)
Hatfield Broad Oak B183 Craft Shop
Ingatestone Church Hall (Tues to Sat. a.m.)
Mountnessing Roundabout (\$)
Latchingdon Transport Cafe'
Sawbridgeworth 'Maltings' near station
(Ryan Cycles)
Ongar Clock House

Also at Aythorpe Village Hall will be open on the following Sunday afternoons from 3 p.m to 5 p.m. for the sale of refreshments - June 29th, July 27th, Sept 28th. Aythorpe Roding Summer Festival is on 31st August, when refreshments will be on sale at the Church. All profits to Church funds. On all these dates the windmill will be open for inspection.

The village hall will be the headquarters for the E.C.C.A. 12 hour T.T.

S open Sunday \$ closed Sunday
~~7~~ closed Thursday sk snacks

~~ss~~ closed Saturday and Sunday
GC Golf Course

HERTFORDSHIRE

Baldock, Black & White Transport Cafe'	Berkhamstead, 360 High Street (sk)
Bricket Wood A405 Oakwood Tea Rooms (sk)	Broxbourne Zoo, Tea Stall & Restaurant
Buntingford, 18 High Street, Tea & Cakes	Codicote, Jackman's Garden Centre
Goffs Oak, Goffs Lane, Brynfield Nursery	Hatfield, Simmons Cafe, near bus station
Hatfield, 23 Park St, meals after 12	Hare St. (The Swan (not pub) Coffeee Shop
Hertford, Christine's, Fore St. meals (T/ \$)	Hertford, Wiltshire, Market Square (\$ sk)
Hertford Bakery, near Hertford E station (\$)	Hitchin, 48 Walworth Road (sk)
Hitchin, Hermitage Road, near Post Office	Hoddesdon, Dobbs Weir Cafe' (S)
Panshanger Muni Golf Course (sk)	Reed End, A10 Silver Ball Transport Cafe'
Rickmansworth (Batchworth) Muni G.C. (sk from 7 a.m. A404/A4145	
St. Albans A405 near A1081 Bygrave Garden Centre	
St. Albans Water Mill, 'Waffles' (p.m.)	Ware, Kell-Ann (near Parish Church)
St. Albans, Upstairs-Downstairs, Waxhouse Alley, opposite Clock Tower, meals	
Stevenage (off Hertford Road) Broadwater Cafe' near Bragbury End.	

LONDON

Enfield Trent Park (Cockfosters Rd) meals (S)	Enfield, Whitewebbs Park (Clay Hill) (sk)
Hampstead, Kenwood Stables, meals	Osterley Park Stables

KENT

Badgers Mount/Badgers Cafe' (S)	Edenbridge Rendezvous, off High Street
Eynsford, Riverside Cafe' - by forde	Farnborough Village, Bakery Cafe' (\$)
Gravesend, Thong Sports Club, Thong Lane	Lullingstone Golf Course
Otford Village, Wilton Tea Rooms, roundabout.	Polhill, top, Retreat Cafe' A21 (\$)
Riverhill Roadside Cafe' A21, 7 Oaks-Tonbridge	Singlewell, Nell's Cafe' A2
Sevenoaks, Ann's, Market near station.	

OXFORDSHIRE

Henley Regatta, riverside (\$)	Henley, Rope Walk
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SUSSEX

Adversane A29 Toot Cafe'	Cowfold, Chalet
Dial Post, Basing Cottage A24	Horsham, Cavalier
Pulborough, Hungers End	Storrington, Willow Cafe'

S open Sunday	\$ closed Sunday	\$ \$ closed Saturday and Sunday
T/ closed Thursday	sk snacks	GC Golf Course

Note from General Secretary- Maisie Wright: This list was produced with the kind permission of the Cycle Club of Islington, their booklet being used as a basis for our list. It being impossible for me to personally verify cafes, every endeavour has been made to up-date it with the co-operation of our members. I have left off Little Chefs and Happy Eaters as lists of these caterers are available from their cafes - to have included pubs would have made the list unwieldy, so these have been omitted. If wanted, however, I would be prepared to collate together a pub list, but think it best if such a list be kept down to inns who do meals on Sundays, as so many cater in the week. To make such a list I would need the help of the Forty-Plus membership. Please let me know of any corrections, i.e. openings on Sundays etc., closures or new cafes so that amendments can be published as they occur.

7 May 1986

NEW MEMBERS OF THE CLUB

We extend a warm welcome to the following :-

Mr. R. Belsey, 14 Tilton Rd., Borough Green, Kent. TN15 8RS	Mrs. D.M. Bulley, 4 Acorn Park, Cranford Rd., Burton Latimer, Northants. NN15 5JH (Tel. 0536 722960)	Mr. C. Hendon, 165 Colchester Rd., Leyton, London. E10 (Tel. 01 539 4660)
Mrs. R.E. Howis, 2 Warehouse Villas, Stebbing, Essex. CM6 3SU (Tel. 037186 569)	Mr. E. Kersey, 27 Southwold Drive, Barking, Essex. IG11 9AT	Mrs. J.M. Kitchener, 117 Irchester Rd., Rushden, Northants. NN10 9QX (Tel. 0933 59689)
Mr. J. Mansell, 3 Walesbeech, Crawley, Sussex. RH10 6SJ (Tel. 0293 35757)	Mr. B. Parslow, 109 Carmelite Rd., Harrow, Middx. HA3 5LU (Tel. 01 863 2516)	Mr. S.R. Pitt, 76A Western Rd., Plaistow, London. E13 9JF (Tel. 01 472 7304)
Mr./Mrs. P. Redwood, Fairwater, Conduit Lane, Woodham Mortimer, Essex. CM9 6SZ (Tel. Danbury 3391)	*Mrs. E. Salisbury, 30A Avenue Rd., Rushden, Northants. NN10 0SJ (Tel. 0933 53163)	Mrs. P. Thomas, 67 Glebe Rd., Letchworth, Herts. SG6 1LS

* Eileen Salisbury is the wife of
Pete Salisbury who was already
a member of the Club.

Mr. T.L. Woodhall,
15 Perth Rd.,
Gosport,
Hants.
PO13 0XX

CHANGES OF ADDRESS (New Address Given)

Mr. W.W. Clague, Flat 2, 89 Main Rd., Seaton, Workington, Cumbria. CA14 1JE (Tel. 0900 65926)	Mr./Mrs. R. White, "Homestraight", 30 Charters Cross, Harlow, Essex. CM18 6UG	Mr. A.E. Young, 15 Pretoria Rd., Halstead, Essex. CO9 2EG (Tel. 0787 376536)
	Mr. S. Young, Wight Residential Home, 138 Portsmouth Rd., Lee on Solent, Hants. PO13 9AE	

MINOR AMENDMENTS TO MEMBERSHIP LIST

Add Post Codes as under:

Horlington, Mr. E.A. -	CO14 8NE	Minting, Mr./Mrs. K. -	CM3 9BP
Romer, Mr. D. -	HP23 5NG	Rosbrook, Mr. J. -	CM9 7HY
Summers, Mr. J. -	CO4 5PZ		

Add Tel. Nos. as under:

Butt, Mr. R. -	Romford 763441	Emburey, Mr. L.W. -	3 Kendal
Attwood, Mr. R.H. -	Hornchurch 44030		Rise (not 2)

Insert in Address: Cottingham, Mr./Mrs. R. - Address to read:
Ringstead, Kettering, Northants.

ENTRY FORM

FORTY PLUS CYCLING CLUB -100 MILES

Thursday 24th July 1986, starting at 9 a.m.

Start and finish at the⁺Black Horse, ⁺Stondon Massey, where cars may be parked.
Entry Fee £1 - Closing date for entries 10th July 1986

Organising Secretary - D.W.Brunwin, 1 The Avenue, Brentwood, Essex CM13 2DA

Tel: Brentwood 214075

Each competitor will be provided with a route sheet prior to the day, and each rider is expected to find his/her way, which can be easily followed from the route directions. There is no compulsory stop, but stops will be arranged for eleveses, lunch and tea. Riders are advised to carry some food. There will be two sections - 9 hours or 11 $\frac{1}{2}$ hours.

+(Should be Black Horse, Paslow Common, the editor thinks)

NAME.....AGE.....

ADDRESS.....
.....
.....

Phone Number (if any).....

Please enter me for 9 hours.....11 $\frac{1}{2}$ hours

Please send to D.W.Brunwin - 1 The Avenue, Brentwood, Essex CM13 2DA

enclosing entry fee of £1. Cheques made to D.W.Brunwin please.

Route will be very similar to that of last year, maybe a minor change here and there.